

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30 <u>Breakfast:</u> Rice Krispies cereal, Pears, Milk <u>Lunch:</u> Beef & Chees Nachos (WG Tortillas), Lettuce & Tomato, Pineapple, Milk (Salsa, Sour Cream) <u>Snack:</u> Cheese Crackers, Apple Juice	31 <u>Breakfast:</u> Oatmeal (WG), Peaches, Milk <u>Lunch:</u> Corn dog, Stewed Potatoes, Banana, Milk (Ketchup) <u>Snack:</u> Triscuit Crackers (WG), String Cheese, Water K-1 to Movies	August 1 <u>Breakfast:</u> Mini Bagels (WG), Applesauce, Milk <u>Lunch:</u> Hamburger Steak, Rice & Gravy, Green Beans, Pears, Milk <u>Snack:</u> Peanut Butter Crackers, Oranges, Water 2nd & Up to Movies	August 2 <u>Breakfast:</u> Pancakes, Pineapple, Milk <u>Lunch:</u> Chicken Strips, Roll (WG), Fries, Carrot Sticks w/ Ranch, Milk (Ketchup) <u>Snack:</u> Goldfish Crackers, Applesauce, Water Afterschoolers Bowling	August 3 <p style="text-align: center;">CLOSED</p>
6 <u>Breakfast:</u> Rice Krispies cereal, Fruit Cocktail, Milk <u>Lunch:</u> Mac & Cheese w/Ham (WG noodles), Lima Beans, Applesauce, Milk <u>Snack:</u> Cheese Crackers, Apple Juice	7 <u>Breakfast:</u> Sausage Biscuits, Banana, Milk <u>Lunch:</u> Fried Chicken Legs, Roll (WG) Rice & Gravy, Peas, Pears, Milk <u>Snack:</u> Graham Crackers, String Cheese, Water K-2 to Splash Pad, Laurinburg	8 <u>Breakfast:</u> Yogurt, Peaches, Milk <u>Lunch:</u> Spaghetti, Toast (WG), Corn, Mandarin Oranges, Milk <u>Snack:</u> Goldfish Crackers, Mixed Juice Upstairs Afterschoolers to Splash Pad, Laurinburg	9 <u>Breakfast:</u> Grits, Bacon, Pears, Milk <u>Lunch:</u> Smoked Sausage, Rice & Tomatoes, Roll (WG), Fruit Cocktail, Milk <u>Snack:</u> Apples w/Peanut Butter, Water SEA's 1st Day of School	10 <u>Breakfast:</u> Alphabits Cereal (WG), Mandarin Oranges, Milk <u>Lunch:</u> Hog dog (WG bun), French Fries, Grapes, Milk (Ketchup, Mustard, Chili, Slaw) <u>Snack:</u> Teddy Grahams (WG), Oranges, Water
13 <u>Breakfast:</u> Honey Kix Cereal (WG), Pineapple, Milk <u>Lunch:</u> Chic-fil-a Sandwich, Lima Beans, Fruit Cocktail, Milk (Ketchup, Mustard, Mayo, Lettuce, Tomato) <u>Snack:</u> String Cheese, Dried Apricots, Water	14 <u>Breakfast:</u> Pancakes, Sausage, Peaches, Milk <u>Lunch:</u> Hamburger, Baked Beans, Applesauce, Milk (Ketchup, Mustard, Mayo, Lettuce, Tomato) <u>Snack:</u> Triscuits (WG), Banana, Water	15 <u>Breakfast:</u> Muffin (WG), Pears, Milk <u>Lunch:</u> BBQ Pork Rib Sandwich (WG bun), French Fries, Mandarin Oranges, Milk <u>Snack:</u> Yogurt, Mixed Juice	16 <u>Breakfast:</u> Bacon, Eggs, Fruit Cocktail, Milk <u>Lunch:</u> Pork Chops, Mashed Potatoes w/Gravy, Roll (WG), Green Beans, Milk <u>Snack:</u> Club Crackers, Peanut Butter, Water	17 <u>Breakfast:</u> Cheerios (WG), Peaches, Milk <u>Lunch:</u> Chicken Nuggets, French Fries, Roll (WG), Grapes, Milk (Ketchup) <u>Snack:</u> Teddy Grahams (WG), Applesauce, Water
20 <u>Breakfast:</u> Honey Kix Cereal (WG), Peaches, Milk <u>Lunch:</u> Chicken Tenders, Sweet Potato Fries, Roll (WG), Pineapple, Milk (Ketchup) <u>Snack:</u> Ritz Crackers, Cheese Cubes, Apple Juice	21 <u>Breakfast:</u> Toast, Eggs, Mandarin Oranges, Milk <u>Lunch:</u> Baked Turkey, Rice & Gravy, Mixed Vegetables, Banana, Milk <u>Snack:</u> Quaker Oat Bar (WG), Tangerines, Water	22 <u>Breakfast:</u> Honey Bunches of Oats cereal (WG), Peaches, Milk <u>Lunch:</u> Baked Ham, Cornbread, Sweet Potatoes, Pears, Milk <u>Snack:</u> Saltine Crackers, Cucumbers w/Ranch, Water	23 <u>Breakfast:</u> Grits, Eggs, Applesauce, Milk <u>Lunch:</u> Beef Meatballs, Mashed Potatoes w/Gravy, Roll (WG), Fruit Cocktail, Milk <u>Snack:</u> Goldfish Crackers, Mixed Juice	24 <u>Breakfast:</u> Muffin (WG), Pineapple, Milk <u>Lunch:</u> Hot dog, French Fries, Mandarin Oranges, Milk (Ketchup, Mustard, Chili, Slaw) <u>Snack:</u> Peanuts, Blueberries, Water
27 <u>Breakfast:</u> Rice Krispies cereal, Fruit Cocktail, Milk <u>Lunch:</u> Corn dog, Stewed Potatoes, Pears, Milk (Ketchup, Mustard) <u>Snack:</u> Pretzels (WG), Apple Juice PSRC's 1st Day of School	28 <u>Breakfast:</u> French Toast (WG), Peaches, Milk <u>Lunch:</u> Beefaroni (WG noodles), Peas & Carrots, Applesauce, Milk <u>Snack:</u> Yogurt, Teddy Grahams (WG), Water	29 <u>Breakfast:</u> Alphabits cereal (WG), Pineapple, Milk <u>Lunch:</u> Baked Chicken Legs, Roll (WG), Scalloped Potatoes, Green Beans, Milk <u>Snack:</u> Peanut Butter Crackers, Raisins, Water	30 <u>Breakfast:</u> Sausage Biscuits, Pears, Milk <u>Lunch:</u> Beef & Cheese Nachos, Lettuce & Tomato, Peaches, Milk (Salsa, Cheese, Sour Cream) <u>Snack:</u> Snack Muffin (WG), Applesauce, Water	31 <u>Breakfast:</u> Honey Bunches of Oats cereal (WG), Mandarin Oranges, Milk <u>Lunch:</u> Pizza (WG crust), Carrot Sticks w/Ranch, Grapes, Milk <u>Snack:</u> Caramel Rice Cakes, Mixed Juice