

July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 <u>Breakfast:</u> Bagel (WG), Peaches, Milk <u>Lunch:</u> Chicken Nuggets, Roll (WG), Corn, Fruit Cocktail, Milk (Ketchup) <u>Snack:</u> Cheese Crackers, Applesauce, Water</p>	<p>3 <u>Breakfast:</u> Toast, Eggs, Applesauce, Milk <u>Lunch:</u> Grilled Cheese Sandwich, Cucumbers w/Ranch, Banana, Milk <u>Snack:</u> Goldfish Crackers, String Cheese, Water</p>	<p>4 CLOSED</p>	<p>5 <u>Breakfast:</u> French Toast Sticks (WG), Pineapple, Milk <u>Lunch:</u> Pork Chops, Roll (WG), Scalloped Potatoes, Pears, Milk <u>Snack:</u> Graham Crackers, Apples, Water</p>	<p>6 <u>Breakfast:</u> Cheerios (WG), Peaches, Milk <u>Lunch:</u> Hot dog, Baked Beans, French Fries, Milk (Ketchup, Mustard, Chili) <u>Snack:</u> Teddy Grahams (WG), Raisins, Water Afterschoolers Pizza Party (Pizza, Fruit, Milk for lunch)</p>
<p>9 <u>Breakfast:</u> Honey Kix Cereal (WG), Pears, Milk <u>Lunch:</u> Turkey Sausage, Roll (WG), Carrots, Fruit Cocktail, Milk <u>Snack:</u> Triscuit Crackers (WG), Applesauce, Water</p>	<p>10 <u>Breakfast:</u> Grits, Eggs, Peaches, Milk <u>Lunch:</u> Ham & Cheese Sandwich, Carrot Sticks, Watermelon, Milk (Lettuce, Tomato, Mustard, Mayo) <u>Snack:</u> Goldfish Crackers (WG), Apple Juice</p>	<p>11 <u>Breakfast:</u> Toast, Applesauce, Milk <u>Lunch:</u> Spaghetti (WG noodles), Toast, Tossed Salad, Mandarin Oranges, Milk <u>Snack:</u> Animal Crackers, Yogurt, Water K-1 to Cape Fear Museum</p>	<p>12 <u>Breakfast:</u> Biscuits, Bacon, Pineapple, Milk <u>Lunch:</u> Chicken & Rice, Peas, Peaches, Milk <u>Snack:</u> Quaker Oat Bars (WG), Mixed Juice 2nd & Up to Cape Fear Museum</p>	<p>13 <u>Breakfast:</u> French Toast, Blueberries, Milk <u>Lunch:</u> Hamburger, Baked Beans, Grapes, Milk (Cheese, Lettuce, Tomato, Ketchup, Mustard, Mayo) <u>Snack:</u> Tortilla Chips (WG), Salsa & Cheese, Water</p>
<p>16 <u>Breakfast:</u> Alphabits Cereal (WG), Pineapple, Milk <u>Lunch:</u> Chicken Tenders, Roll (WG), Green Beans, Peaches, Milk (Ketchup) <u>Snack:</u> Peanut Butter Crackers, Raisins, Water</p>	<p>17 <u>Breakfast:</u> Ham Biscuit, Pears, Milk <u>Lunch:</u> Beef Meatballs, Rice & Gravy, Baby Lima Beans, Banana, Milk <u>Snack:</u> Mini Bagels (WG), Applesauce, Water K-1 to Fascinate U</p>	<p>18 <u>Breakfast:</u> Rice Krispies cereal, Peaches, Milk <u>Lunch:</u> Chicken & Egg Noodles, Peas, Fruit Cocktail, Milk <u>Snack:</u> Crackers (WG), Tangerines, Water 2nd & Up to Fascinate U</p>	<p>19 <u>Breakfast:</u> Sausage, Eggs, Mandarin Oranges, Milk <u>Lunch:</u> Pork Ribs in BBQ Sauce, Mashed Potatoes, Roll (WG), Applesauce, Milk <u>Snack:</u> Sliced Cucumbers w/ Ranch, Saltine Crackers, Water K-1 to Godwin Hts Splash Pad</p>	<p>20 <u>Breakfast:</u> Yogurt, Pineapple, Milk <u>Lunch:</u> Hot Ham & Cheese Sandwich, Corn on the Cob, Watermelon, Milk <u>Snack:</u> Pretzels (WG), Apple Slices, Water 2nd & Up Godwin Hts Splash Pad</p>
<p>23 <u>Breakfast:</u> Cheerios (WG), Apple Slices, Milk <u>Lunch:</u> Lasagna (WG), Toast, Corn, Pears, Milk <u>Snack:</u> Ritz Crackers, Peanut Butter, Water</p>	<p>24 <u>Breakfast:</u> French Toast (WG), Pineapple, Milk <u>Lunch:</u> Stew Beef, Rice & Gravy, Sweet Potatoes, Fruit Cocktail, Milk <u>Snack:</u> Snack Muffin (WG), Yogurt, Water K-1 to Splash Pad, Laurinburg</p>	<p>25 <u>Breakfast:</u> Cheese Toast, Peaches, Milk <u>Lunch:</u> BBQ, Hushpuppies, Fries, Baked Beans, Milk (Ketchup, Slaw) <u>Snack:</u> Crackers (WG), String Cheese, Water 2nd & Up to Splash Pad, Laurinburg</p>	<p>26 <u>Breakfast:</u> English Muffin (WG), Eggs, Pears, Milk <u>Lunch:</u> Bologna, Mac & Cheese, Peas & Carrots, Applesauce, Milk (Ketchup) <u>Snack:</u> Rice Cakes, Mixed Juice 2nd & Up Medieval Times</p>	<p>27 <u>Breakfast:</u> Alphabits cereal (WG), Blueberries, Milk <u>Lunch:</u> Pizza (WG), Tossed Salad w/Ranch, Grapes, Milk <u>Snack:</u> Teddy Grahams (WG), Watermelon, Water</p>
<p>30 <u>Breakfast:</u> Rice Krispies cereal, Pears, Milk <u>Lunch:</u> Beef & Chees Nachos (WG Tortillas), Lettuce & Tomato, Pineapple, Milk (Salsa, Sour Cream) <u>Snack:</u> Cheese Crackers, Apple Juice</p>	<p>31 <u>Breakfast:</u> Oatmeal (WG), Peaches, Milk <u>Lunch:</u> Corn dog, Stewed Potatoes, Banana, Milk (Ketchup) <u>Snack:</u> Triscuit Crackers (WG), String Cheese, Water K-1 to Movies</p>	<p>August 1 <u>Breakfast:</u> Mini Bagels (WG), Applesauce, Milk <u>Lunch:</u> Hamburger Steak, Rice & Gravy, Green Beans, Pears, Milk <u>Snack:</u> Peanut Butter Crackers, Oranges, Water 2nd & Up to Movies</p>	<p>August 2 <u>Breakfast:</u> Pancakes, Pineapple, Milk <u>Lunch:</u> Chicken Strips, Roll (WG), Fries, Carrot Sticks w/ Ranch, Milk (Ketchup) <u>Snack:</u> Goldfish Crackers, Applesauce, Water Afterschoolers Bowling</p>	<p>August 3 CLOSED</p>