

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <u>Breakfast:</u> Honey Bunches of Oats, Peaches, Milk <u>Lunch:</u> Ham & Cheese Sandwich, Mixed Veggies, Pears, Milk (Lettuce, Tomato, Mayo, Mustard) <u>Snack:</u> Peanuts, Applesauce, Water</p>	<p>2 <u>Breakfast:</u> Grits, Peaches, Milk <u>Lunch:</u> Grilled Cheese Sandwich, Corn, Fruit Cocktail, Milk <u>Snack:</u> Snack Muffins, Applesauce, Water PSRC No School Oct 1-5</p>	<p>3 <u>Breakfast:</u> Corn Chex, Mandarin Oranges, Milk <u>Lunch:</u> Chicken & Rice, Peas, Pears, Milk <u>Snack:</u> Graham Crackers, Apple Juice</p>	<p>4 <u>Breakfast:</u> French Toast Sticks, Fruit Cocktail, Milk <u>Lunch:</u> Beefaroni, Toast, Green Beans, Banana, Milk <u>Snack:</u> Animal Crackers, Tangerines, Water</p>	<p>5 <u>Breakfast:</u> Honey Kix, Pineapple, Milk <u>Lunch:</u> Hot Dog, French Fries, Baked Beans, Milk (Ketchup, Mustard, Chili, Slaw) <u>Snack:</u> Yogurt, Apple Slices, Water</p>
<p>8 <u>Breakfast:</u> Cheerios, Applesauce, Milk <u>Lunch:</u> Chicken Tenders, Whole Grain Roll, Corn, Mandarin Oranges, Milk (Ketchup) <u>Snack:</u> Teddy Grahams, Yogurt, Water</p>	<p>9 <u>Breakfast:</u> Sausage Biscuit, Banana, Milk <u>Lunch:</u> Turkey Sausage, Mac & Cheese, Peas & Carrots, Peaches, Milk <u>Snack:</u> Mini Bagels, String Cheese, Water</p>	<p>10 <u>Breakfast:</u> Honey Kix, Fruit Cocktail, Milk <u>Lunch:</u> Lasagna, Corn on the Cob, Applesauce, Milk <u>Snack:</u> Pretzels, Mixed Juice</p>	<p>11 <u>Breakfast:</u> Cheese Toast, Pears, Milk <u>Lunch:</u> Baked Ham, Cornbread, Lima Beans, Pineapple, Milk <u>Snack:</u> Snack Muffins, Oranges, Milk PreK to Trans. Museum</p>	<p>12 <u>Breakfast:</u> Corn Chex, Peaches, Milk <u>Lunch:</u> Bologna Sandwich, Fried Okra, Grapes, Milk (Ketchup, Mustard) <u>Snack:</u> Ritz Crackers, Cheese Cubes, Water</p>
<p>15 <u>Breakfast:</u> Honey Kix, Applesauce, Milk <u>Lunch:</u> Smoked Sausage, Tomatoes & Rice, Pears, Milk <u>Snack:</u> Graham Crackers, Applesauce, Water</p>	<p>16 <u>Breakfast:</u> Yogurt, Peaches, Milk <u>Lunch:</u> Hamburger Steak, Rice & Gravy, Green Beans, Fruit Cocktail, Milk <u>Snack:</u> Mini Bagels w/Peanut Butter, Water</p>	<p>17 <u>Breakfast:</u> Buttered Toast, Pears, Milk <u>Lunch:</u> Spaghetti, Toast, Corn, Mandarin Oranges, Milk <u>Snack:</u> Rice Cakes, String Cheese, Water</p>	<p>18 <u>Breakfast:</u> Muffin, Peaches, Milk <u>Lunch:</u> Baked Chicken Legs, Mashed Potatoes w/Gravy, WG Roll, Lima Beans, Milk <u>Snack:</u> Oat Squares, Apple Juice</p>	<p>19 <u>Breakfast:</u> Corn Chex, Pineapple, Milk <u>Lunch:</u> Ham & Cheese Sandwich, Carrot Sticks w/Ranch, Grapes, Milk (Lettuce, Tomato, Mayo, Mustard) <u>Snack:</u> Apple Slices w/Peanut Butter, Water</p>
<p>22 <u>Breakfast:</u> Cheerios, Applesauce, Milk <u>Lunch:</u> Grilled Chicken Sandwich, Baby Lima Beans, Mandarin Oranges, Milk (Lettuce, Tomato, Ketchup, Mayo, Mustard) <u>Snack:</u> Peanut Butter Crackers, Banana, Water</p>	<p>23 <u>Breakfast:</u> Pancakes, Peaches, Milk <u>Lunch:</u> Stew Beef, Rice & Gravy, Green Beans, Banana, Milk <u>Snack:</u> Goldfish Crackers, Raisins, Water</p>	<p>24 <u>Breakfast:</u> Cheese Biscuits, Applesauce, Milk <u>Lunch:</u> Corn Dog, Fried Squash, Pears, Milk (Ketchup, Mustard) <u>Snack:</u> Snack Muffins, Mixed Juice</p>	<p>25 <u>Breakfast:</u> French Toast Sticks, Pineapple, Milk <u>Lunch:</u> Chicken & Egg Noodles, Peas, Peaches, Milk <u>Snack:</u> Sliced Cucumbers w/Ranch, Saltines, Water</p>	<p>26 <u>Breakfast:</u> Honey Bunches of Oats, Fruit Cocktail, Milk <u>Lunch:</u> Pizza, Tossed Salad, Grapes, Milk <u>Snack:</u> Club Crackers w/Peanut Butter, Water</p>
<p>29 <u>Breakfast:</u> Corn Flakes, Applesauce, Milk <u>Lunch:</u> Chicken Nuggets, WG Roll, Corn, Pears, Milk (Ketchup) <u>Snack:</u> Tortilla Chips, Cheese & Salsa, Water</p>	<p>30 <u>Breakfast:</u> Cheese Toast, Peaches, Milk <u>Lunch:</u> Vegetable Beef Soup, Peanut Butter Sandwich, Banana, Milk <u>Snack:</u> Whole Wheat Crackers, Cheese, Water</p>	<p>31 <u>Breakfast:</u> Yogurt, Pineapple, Milk <u>Lunch:</u> Ham & Cheese Macaroni, Mixed Veggies, Fruit Cocktail, Milk <u>Snack:</u> Oat Squares, Apple Juice Trick or Treat</p>	<p>Nov. 1 <u>Breakfast:</u> Grits, Bacon, Mandarin Oranges, Milk <u>Lunch:</u> Hamburger, Stewed Potatoes, Pineapple, Milk (Lettuce, Tomato, Ketchup, Mustard, Mayo) <u>Snack:</u> Triscuit Crackers, Oranges, Water</p>	<p>Nov. 2 <u>Breakfast:</u> Cheerios, Pears, Milk <u>Lunch:</u> BBQ, French Fries, Hushpuppies, Baked Beans, Milk (Ketchup, Slaw) <u>Snack:</u> Cheese Crackers, Mixed Juice</p>