

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>28 <u>Breakfast:</u> Kix Cereal, Pears, Milk <u>Lunch:</u> Beef Steak, WG Roll, Stewed Potatoes, Green Beans, Milk <u>Snack:</u> Wheat Crackers, Mixed Juice</p>	<p>29 <u>Breakfast:</u> Bagel w/Cheese, Pineapple, Milk <u>Lunch:</u> Smoked Sausage, Mac & Cheese, Peas, Corn, Milk <u>Snack:</u> Triscuit Crackers, Apple Slices, Water</p>	<p>30 <u>Breakfast:</u> Corn Chex Cereal, Fruit Cocktail, Milk <u>Lunch:</u> Pizza, Corn, Applesauce, Milk <u>Snack:</u> Tortilla Chips, Cheese & Salsa, Water</p>	<p>31 Halloween <u>Breakfast:</u> Turkey Sausage, WG Toast, Applesauce, Milk <u>Lunch:</u> Chicken & Egg Noodles, Peas & Carrots, Sweet Potatoes, Milk <u>Snack:</u> Goldfish Crackers, Mandarin Oranges, Water</p>	<p>Nov. 1 <u>Breakfast:</u> Cheese Toast, Peaches, Milk <u>Lunch:</u> Chicken Tenders, WG Roll, Fries, Grapes, Milk (Ketchup) <u>Snack:</u> Cheese Crackers, Apple Juice</p>
<p>4 <u>Breakfast:</u> Chex Cereal, Peaches, Milk <u>Lunch:</u> Baked Ham, Cornbread, Sweet Potatoes, Green Beans, Milk <u>Snack:</u> Animal Crackers, Cheese Cubes, Water</p>	<p>5 <u>Breakfast:</u> Bagel w/Cheese, Banana, Milk <u>Lunch:</u> Pork Chops, Mac & Cheese, Butter Beans, Okra, Milk <u>Snack:</u> Graham Crackers, Yogurt, Water</p>	<p>6 <u>Breakfast:</u> Alphabits Cereal, Applesauce, Milk <u>Lunch:</u> Chicken & Rice, Peas, Peaches, Milk <u>Snack:</u> Peanut Butter Crackers, Apple Juice</p>	<p>7 <u>Breakfast:</u> Grits, Mandarin Oranges, Milk <u>Lunch:</u> Baked Turkey, Mashed Potatoes w/Gravy, Butter Beans, Stewed Carrots, WG Roll, Milk <u>Snack:</u> Cheese Crackers, Sliced Oranges, Water</p>	<p>8 <u>Breakfast:</u> English Muffin w/ Cheese, Peas, Milk <u>Lunch:</u> Hot dog, Fries, Grapes, Milk (Ketchup, Mustard, Chili, Slaw) <u>Snack:</u> Goldfish Crackers, Applesauce, Water</p>
<p>11 No School <u>Breakfast:</u> Oat Squares Cereal, Pears, Milk <u>Lunch:</u> Chicken Tenders, WG Roll, Sweet Potato Fries, Baked Beans, Milk (Ketchup) <u>Snack:</u> Club Crackers, Sliced Cheese, Water</p>	<p>12 <u>Breakfast:</u> Biscuits, Peaches, Milk <u>Lunch:</u> BBQ, Cornbread, Baked Beans, Fries, Milk (Ketchup, Slaw) <u>Snack:</u> Pretzels, Mixed Juice</p>	<p>13 <u>Breakfast:</u> Banana Nut Muffins, Pineapple, Milk <u>Lunch:</u> Spaghetti, Tossed Salad w/ Ranch dressing, Corn, Milk <u>Snack:</u> Peanut Butter Sandwich, Water</p>	<p>14 <u>Breakfast:</u> Cheese Toast, Fruit Cocktail, Milk <u>Lunch:</u> Stew Beef, Rice & Gravy, Butter Beans, Sweet Potatoes, Milk <u>Snack:</u> Triscuit Crackers, Grapes, Water</p>	<p>15 <u>Breakfast:</u> French Toast Sticks w/ Syrup, Mandarin Oranges, Milk <u>Lunch:</u> Ham & Cheese Sandwich, Carrot Sticks w/Ranch, Apple Slices, Milk (Lettuce, Tomato, Mustard, Mayo) <u>Snack:</u> Teddy Grahams, Cutie Tangerines, Water</p>
<p>18 <u>Breakfast:</u> Cheerios, Peaches, Milk <u>Lunch:</u> Chicken Wings, Mac & Cheese, Green Beans, Corn on the Cob, Milk <u>Snack:</u> Cheese Nips, Fruit Cocktail, Water</p>	<p>19 <u>Breakfast:</u> Pancakes w/Syrup, Applesauce, Milk <u>Lunch:</u> Turkey Sausage, Wild Rice, Squash, Raisins, Milk <u>Snack:</u> Wheat Thins, String Cheese, Water</p>	<p>20 <u>Breakfast:</u> Bagel w/Jelly, Hardboiled Egg, Pears, Milk <u>Lunch:</u> Beef & Cheese Nachos w/ Lettuce, Tomato, Salsa, Cheese, Sour Cream; Pineapple, Milk <u>Snack:</u> Cucumber Slices w/Ranch, Saltine Crackers, Water</p>	<p>21 <u>Breakfast:</u> Buttered Toast, Mandarin Oranges, Milk <u>Lunch:</u> Vegetable Beef Soup, Peanut Butter/Jelly Sandwich, Banana, Milk <u>Snack:</u> Oat Squares Cereal, Applesauce, Water</p>	<p>22 <u>Breakfast:</u> Honey Bunches of Oat Cereal, Banana, Milk <u>Lunch:</u> Little Caesar's Pizza, Carrot Sticks w/Ranch, Grapes, Milk <u>Snack:</u> Snack Muffins, Mixed Juice</p>
<p>25 <u>Breakfast:</u> Alphabits Cereal, Pineapple, Milk <u>Lunch:</u> Beef Steak, Mashed Potatoes, Stewed Carrots, WG Roll, Milk <u>Snack:</u> Tortilla Chips, Salsa & Cheese, Water</p>	<p>26 <u>Breakfast:</u> Waffles w/Syrup, Pears, Milk <u>Lunch:</u> Baked Chicken Legs, Rice & Gravy, Green Beans, Mixed Fruit, Milk <u>Snack:</u> Ritz Crackers, Sliced Cheese, Water</p>	<p>27 <u>Breakfast:</u> Graham Crackers, Yogurt, Banana, Milk <u>Lunch:</u> Chicken Sandwich, Zucchini Sticks w/Ranch, Apple Slices, Milk (Lettuce, Tomato, Mustard, Mayo) <u>Snack:</u> Cheerios, Apple Juice</p>	<p>28 Thanksgiving <p align="center">CLOSED</p> </p>	<p>29 <p align="center">CLOSED</p> </p>

Weekly Menu: October 28 — November 1, 2019

	Monday (28)	Tuesday (29)	Wednesday (30)	Thursday (31)	Friday (1)
Breakfast	Kix Cereal (WG) Pears Milk	Bagel (WG) w/ Cheese Pineapple Milk	Corn Chex Cereal (WG) Fruit Cocktail Milk	Turkey Sausage WG Toast Applesauce Milk	Cheese Toast (WG) Peaches Milk
Lunch	Beef Steak WG Roll Stewed Potatoes Green Beans Milk	Smoked Sausage Mac & Cheese Peas Corn Milk	Pizza Corn Applesauce Milk	Chicken & Egg Noodles Peas & Carrots Sweet Potatoes Milk	Chicken Tenders WG Roll Fries Grapes Milk (Ketchup)
Snack	Wheat Crackers Mixed Juice	Triscuit Crackers Apple Slices Water	Tortilla Chips Cheese & Salsa Water	Goldfish Crackers Mandarin Oranges Water	Cheese Crackers Apple Juice

Notes:

October 30 — Trunk or Treat at FBC

October 31 — Halloween

Weekly Menu: November 4 — 8, 2019

	Monday (4)	Tuesday (5)	Wednesday (6)	Thursday (7)	Friday (8)
Breakfast	Chex Cereal (WG) Peaches Milk	Bagel (WG) w/ Cheese Banana Milk	Alphabits Cereal (WG) Applesauce Milk	Grits Mandarin Oranges Milk	English Muffin w/ Cheese Pears Milk
Lunch	Baked Ham Cornbread Sweet Potatoes Green Beans Milk	Pork Chops Mac & Cheese Butter Beans Okra Milk	Chicken & Rice Peas Peaches Milk	Baked Turkey Mashed Potatoes w/Gravy Butter Beans Stewed Carrots WG Roll Milk	Hot Dog Fries Grapes Milk (Ketchup, Mustard, Chili, Slaw)
Snack	Animal Crackers Cheese Cubes Water	Graham Crackers Yogurt Water	Peanut Butter Crackers Apple Juice	Cheese Crackers Sliced Oranges Water	Goldfish Crackers Applesauce Water

Notes:

Weekly Menu: November 11 — 15, 2019

	Monday (11)	Tuesday (12)	Wednesday (13)	Thursday (14)	Friday (15)
Breakfast	Oat Squares Cereal (WG) Pears Milk	Biscuits Peaches Milk	Banana Nut Muffins (WG) Pineapple Milk	Cheese Toast Fruit Cocktail Milk	French Toast Sticks (WG) w/Syrup Mandarin Oranges Milk
Lunch	Chicken Tenders WG Roll Sweet Potato Fries Baked Beans Milk (Ketchup)	BBQ Cornbread Baked Beans Fries Milk (Ketchup, Slaw)	Spaghetti Tossed Salad w/ Ranch Dressing Corn Milk	Stew Beef Rice & Gravy Butter Beans Sweet Potatoes Milk	Ham & Cheese Sandwich Carrot Sticks w/ Ranch Dressing Apple Slices Milk (Lettuce, Tomato, Mustard, Mayo)
Snack	Club Crackers Sliced Cheese Water	Pretzels (WG) Mixed Juice	Peanut Butter Sandwich Water	Triscuits (WG) Grapes Water	Teddy Grahams (WG) Cutie Tangerines Water

Notes:

November 11—Veteran's Day—No School

Weekly Menu: November 18 — 22, 2019

	Monday (18)	Tuesday (19)	Wednesday (20)	Thursday (21)	Friday (22)
Breakfast	Cheerios (WG) Peaches Milk	Pancakes w/Syrup Applesauce Milk	Bagel (WG) w/Jelly Hardboiled Egg Pears Milk	Buttered Toast Mandarin Oranges Milk	Honey Bunches of Oats Cereal (WG) Banana Milk
Lunch	Chicken Wings Mac & Cheese Green Beans Corn on the Cob Milk	Turkey Sausage Wild Rice (WG) Squash Raisins Milk	Beef & Cheese Nachos w/Lettuce, Tomato, Salsa, Cheese, Sour Cream Pineapple Milk	Vegetable Beef Soup Peanut Butter/Jelly Sandwich Banana Milk	Little Caesar's Pizza Carrot Sticks w/ Ranch Dressing Grapes Milk
Snack	Cheese Nips Fruit Cocktail Water	Wheat Thins String Cheese Water	Cucumber Slices Saltine Crackers Ranch Dressing Water	Oat Square Cereal (WG) Applesauce Water	Snack Muffins Mixed Juice

Notes:

November 22 — BBQ Sale

Weekly Menu: November 25 — 29, 2019

	Monday (25)	Tuesday (26)	Wednesday (27)	Thursday (28)	Friday (29)
Breakfast	Alphabits Cereal (WG) Pineapple Milk	Waffles w/Syrup Pears Milk	Graham Crackers Yogurt Banana Milk	Closed	Closed
Lunch	Beef Steak Mashed Potatoes Stewed Carrots WG Roll Milk	Baked Chicken Legs Rice & Gravy Green Beans Mixed Fruit Milk	Chicken Sandwich Zucchini Sticks Apple Slices Milk (Lettuce, Tomato, Mustard, Mayo, Ranch)	Closed	Closed
Snack	Tortilla Chips Salsa & Cheese Water	Ritz Crackers Sliced Cheese Water	Cheerios (WG) Apple Juice	Closed	Closed

Notes:

No School November 28-29