

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
30 No School <u>Breakfast:</u> Honey Kix Cereal (WG), Mandarin Oranges, Milk <u>Lunch:</u> Chicken Tenders, Corn, Baked Beans, WG Roll, Milk <u>Snack:</u> String Cheese, Triscuits (WG), Water	31 No School <u>Breakfast:</u> Toast (WG), Scrambled Eggs, Cantaloupe, Milk <u>Lunch:</u> Pork Ribs, Okra, Stewed Apples, WG Roll, Milk <u>Snack:</u> Pretzel, Peaches, Water	Jan. 1 New Years Day CLOSED	Jan. 2 No School <u>Breakfast:</u> Pancakes, Applesauce, Milk (Syrup) <u>Lunch:</u> Turkey Sausage, Wild Rice (WG), Green Beans, Pears, Milk <u>Snack:</u> Honey Kix (WG), Grape, Water	Jan. 3 No School <u>Breakfast:</u> Grits w/ Cheese, Pineapple, Milk <u>Lunch:</u> Chicken Nuggets, Fries, Carrot Sticks w/ Ranch, Roll (WG), Milk, (Ketchup) <u>Snack:</u> Oat Squares (WG) Raisins, Water
6 No School—PSRC <u>Breakfast:</u> Multigrain Cheerios (WG), Pears, Milk <u>Lunch:</u> BBQ, Hushpuppies, Fries, Baked Beans, Milk (Ketchup) <u>Snack:</u> Animal Crackers, Mixed Juice	7 No School—PSRC <u>Breakfast:</u> Grits, Mandarin Oranges, Milk <u>Lunch:</u> Spaghetti (WG), Corn, Fruit Cocktail, Milk <u>Snack:</u> Apple Slices, Peanut Butter, Water	8 <u>Breakfast:</u> Cheese Toast, Pineapple, Milk <u>Lunch:</u> Chicken Drumettes, Squash, Honey Dew, WG Roll, Milk (Ketchup) <u>Snack:</u> Tortilla Chips, Hummus, Water	9 <u>Breakfast:</u> Blueberry Muffin, Peaches, Milk <u>Lunch:</u> Beef Steak, Mashed Potatoes w/Gravy, Green Beans, WG Roll, Milk <u>Snack:</u> Goldfish, Grapes, Water	10 <u>Breakfast:</u> Oatmeal (WG), Banana, Milk <u>Lunch:</u> Chicken Noodle Soup, Grilled Cheese Sandwich, Fruit Cocktail, Milk <u>Snack:</u> Teddy Grahams, Raisins, Water
13 <u>Breakfast:</u> Oat Squares Cereal (WG), Cantaloupe, Milk <u>Lunch:</u> Chicken Tenders, Corn, Pineapple, Milk (Ketchup) <u>Snack:</u> Ritz Crackers, Mandarin Oranges, Water	14 <u>Breakfast:</u> Smoked Sausage, Pears, Milk <u>Lunch:</u> BBQ Pork Ribs, Wild Rice (WG), Peas, Peaches, Milk <u>Snack:</u> Peanut Butter Crackers, Apple Slices, Water	15 <u>Breakfast:</u> Yogurt, Peaches, Milk <u>Lunch:</u> Baked Ham, Mashed Potatoes w/Gravy, Fruit Cocktail, WG Roll, Milk <u>Snack:</u> Goldfish, Mixed Fruit, Water	16 <u>Breakfast:</u> English Muffin (WG), Ham, Grapes, Milk <u>Lunch:</u> Roasted Turkey, WG Roll, Green Beans, Pineapple, Milk <u>Snack:</u> String Cheese, Banana, Water	17 <u>Breakfast:</u> Sausage & Cheese Breakfast Pizza, Mandarin Oranges, Milk <u>Lunch:</u> Baked Chicken Legs, Broccoli w/Cheese, Pears, WG Roll, Milk <u>Snack:</u> Saltine Crackers, Diced Ham, Water
20 No School <u>Breakfast:</u> Multigrain Cheerios (WG), Fruit Cocktail, Milk <u>Lunch:</u> BBQ Pork Rib Sandwich, Corn, Pears, Milk <u>Snack:</u> Peanut Butter, Apple Slices, Water	21 <u>Breakfast:</u> Grits, Sausage, Peaches, Milk <u>Lunch:</u> Grilled Chicken Breast, Biscuit, Mashed Potatoes w/ Gravy, Green Beans, Milk <u>Snack:</u> Triscuits (WG), String Cheese, Water	22 <u>Breakfast:</u> English Muffin (WG) w/Cheese, Mandarin Oranges, Milk <u>Lunch:</u> Bologna Sandwich, Okra, Grapes, Milk (Lettuce, Tomato, Ketchup, Mustard, Mayo) <u>Snack:</u> Saltines, Carrot Sticks w/ Ranch, Water	23 <u>Breakfast:</u> Cheese Toast (WG), Mixed Fruit, Milk <u>Lunch:</u> Hotdogs, Fries, Baked Beans, Milk (Ketchup, Mustard, Chili, Slaw) <u>Snack:</u> Goldfish, Banana, Water	24 <u>Breakfast:</u> AlphaBits Cereal (WG), Applesauce, Milk <u>Lunch:</u> Chicken Nuggets, Corn on the Cob, Honey Dew, Milk (Ketchup) <u>Snack:</u> Tortilla Chips, Salsa & Cheese, Water
27 <u>Breakfast:</u> Honey Kix Cereal (WG), Pineapple, Milk <u>Lunch:</u> Chicken & Noodles, Peas & Carrots, Peaches, Milk <u>Snack:</u> Oat Squares Cereal (WG), Applesauce, Water	28 <u>Breakfast:</u> Chicken Biscuits, Peaches, Milk <u>Lunch:</u> Turkey Spaghetti, Green Beans, Applesauce, Milk <u>Snack:</u> Chex (WG), Raisins, Water	29 <u>Breakfast:</u> Buttered Toast, Pears, Milk <u>Lunch:</u> Stew Beef, Rice & Gravy, Lima Beans, Pineapple, Milk <u>Snack:</u> Saltines, Diced Ham, Water	30 <u>Breakfast:</u> French Toast (WG) w/ Syrup, Mandarin Oranges, Milk <u>Lunch:</u> Corndogs, Carrot Sticks w/Ranch, Grapes, Milk (Ranch, Mustard, Ketchup) <u>Snack:</u> Ritz Crackers, String Cheese, Water	31 <u>Breakfast:</u> Bagel (WG) w/Cheese, Fruit Cocktail, Milk <u>Lunch:</u> Grilled Cheese Sandwich, Zucchini Sticks w/Ranch, Mixed Fruit, Milk <u>Snack:</u> Tortilla Chips, Hummus, Water

Weekly Menu: December 30, 2019 — January 3, 2020

	Monday (30)	Tuesday (31)	Wednesday (1)	Thursday (2)	Friday (3)
Breakfast	Honey Kix Cereal (WG) Mandarin Oranges Milk	Toast (WG) Scrambled Eggs Cantaloupe Milk	Closed	Pancakes Applesauce Milk (Syrup)	Grits w/ Cheese Pineapple Milk
Lunch	Chicken Tenders Corn Baked Beans Roll (WG) Milk (Ketchup)	Pork Ribs Okra Stewed Apples Roll (WG) Milk	Closed	Turkey Sausage Wild Rice (WG) Green Beans Pears Milk	Chicken Nuggets French Fries Carrot Sticks Roll (WG) Milk (Ranch, Ketchup)
Snack	String Cheese Triscuits (WG) Water	Soft Baked Pretzel Peaches Water	Closed	Honey Kix (WG) Grapes Water	Oat Squares (WG) Raisins Water

Notes:

No School for PSRC & SEA

Weekly Menu: January 6—10, 2020

	Monday (6)	Tuesday (7)	Wednesday (8)	Thursday (9)	Friday (10)
Breakfast	Multigrain Cheerios (WG) Pears Milk	Grits Mandarin Oranges Milk	Cheese Toast Pineapple Milk	Blueberry Muffins Peaches Milk	Oatmeal (WG) Bananas Milk
Lunch	BBQ Hushpuppies French Fries Baked Beans Milk (Ketchup)	Spaghetti (WG noodles) Corn Fruit Cocktail Milk	Chicken Drumettes Squash Honey Dew Roll (WG) Milk (Ketchup)	Beef Steak Mashed Potatoes Gravy Green Beans Roll (WG) Milk	Chicken Noodle Soup Grilled Cheese Sandwich Fruit Cocktail Milk
Snack	Animal Crackers Mixed Juice	Apple Slices Peanut Butter Water	Tortilla Chips Hummus Water	Goldfish Grapes Water	Teddy Grahams Raisins Water

Notes:

January 6-7 — PSRC No School

Weekly Menu: January 13—17, 2020

	Monday (13)	Tuesday (14)	Wednesday (15)	Thursday (16)	Friday (14)
Breakfast	Oat Squares Brown Sugar Cereal (WG) Cantaloupe Milk	Smoked Sausage Pears Milk	Yogurt Peaches Milk	English Muffin (WG) Ham Grapes Milk	Sausage & Cheese Breakfast Pizza Mandarin Oranges Milk
Lunch	Chicken Tenders Corn Pineapple Milk (Ketchup)	BBQ Pork Ribs Wild Rice (WG) Sweet Peas Peaches Milk	Baked Ham Mashed Potatoes w/Gravy Fruit Cocktail WG Roll Milk	Roasted Turkey WG Roll Green Beans Pineapple Milk	Baked Chicken Legs Broccoli w/Cheese Pears WG Roll Milk
Snack	Ritz Crackers Mandarin Oranges Water	Peanut Butter Crackers Apple Slices Water	Goldfish Crackers Mixed Fruit Water	String Cheese Banana Water	Saltine Crackers Diced Ham Water

Notes:

Weekly Menu: January 20—24, 2020

	Monday (20)	Tuesday (21)	Wednesday (22)	Thursday (23)	Friday (24)
Breakfast	Multigrain Cheerios (WG) Fruit Cocktail Milk	Grits Sausage Peaches Milk	English Muffin (WG) Cheese Mandarin Oranges Milk	Cheese Toast (WG bread) Mixed Fruit Milk	AlphaBits Cereal (WG) Applesauce Milk
Lunch	BBQ Pork Rib Sandwich Corn Pears Milk	Grilled Chicken Breast Biscuit Mashed Potatoes & Gravy Green Beans Milk	Bologna Sandwich Okra Grapes Milk (Lettuce, Tomato, Ketchup, Mustard, Mayo)	Hotdogs French Fries Baked Beans Milk (Ketchup, Mustard, Chili, Slaw)	Chicken Nuggets Corn on the Cob Honey Dew Milk (Ketchup)
Snack	Peanut Butter Apple Slices Water	Triscuits (WG) String Cheese Water	Saltines Carrot Sticks w/ Ranch Water	Goldfish Bananas Water	Tortilla Chips Salsa & Cheese Water

Notes:

Weekly Menu: January 27—31, 2020

	Monday (27)	Tuesday (28)	Wednesday (29)	Thursday (30)	Friday (31)
Breakfast	Honey Kix Cereal (WG) Pineapple Milk	Chicken Biscuits Peaches Milk	Buttered Toast Pears Milk	French Toast (WG) w/Syrup Mandarin Oranges Milk	Bagel (WG) w/ Cheese Fruit Cocktail Milk
Lunch	Chicken & Noodles Peas & Carrots Peaches Milk	Turkey Spaghetti Green Beans Applesauce Milk	Stew Beef Rice & Gravy Lima Beans Pineapple Milk	Corndogs Carrot Sticks w/ Ranch Grapes Milk (Ranch, Mustard, Ketchup)	Grilled Cheese Sandwich Zucchini Sticks w/ Ranch Mixed Fruit Milk
Snack	Oat Squares Brown Sugar Cereal (WG) Applesauce Water	Chex (WG) Raisins Water	Saltines Diced Ham Water	Ritz Crackers String Cheese Water	Tortilla Chips Hummus Water

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