

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 <u>Breakfast:</u> Alphabits Cereal, Mandarin Oranges, Milk <u>Lunch:</u> Chicken Nuggets, WG Roll, Squash, Corn, Milk (Ketchup) <u>Snack:</u> Goldfish Crackers, Applesauce, Water</p>	<p>3 <u>Breakfast:</u> Biscuits, Eggs, Peaches, Milk <u>Lunch:</u> Spaghetti, Green Beans, Honeydew Melon, Milk <u>Snack:</u> Teddy Grahams, Oranges, Water</p>	<p>4 <u>Breakfast:</u> Honey Bunches of Oats, Fruit Cocktail, Milk <u>Lunch:</u> Chic-Fil-A Sandwich, Sweet Potato Fries, Okra, Milk (Lettuce, Tomato, Mayo, Mustard) <u>Snack:</u> Blueberry Muffins, Banana, Water</p>	<p>5 <u>Breakfast:</u> French Toast Sticks w/ Syrup, Pineapple, Water <u>Lunch:</u> BBQ, Hushpuppies, Baked Beans, Cantaloupe, Milk (Ketchup) <u>Snack:</u> Pretzels, Tangerines, Water</p>	<p>6 <u>Breakfast:</u> Buttered Toast, Pears, Milk <u>Lunch:</u> Hot Dog, Fries, Zucchini Sticks, Milk (Ketchup, Ranch) <u>Snack:</u> Tortilla Chips, Salsa, Water</p>
<p>9 <u>Breakfast:</u> Kix Cereal, Peaches, Milk <u>Lunch:</u> Beef Steak, Rice w/ Gravy, Lima Beans, Sweet Potatoes, Milk <u>Snack:</u> Cheese Crackers, 100% Juice Pop, Water</p>	<p>10 <u>Breakfast:</u> English Muffin, Turkey Sausage, Pineapple, Milk <u>Lunch:</u> Hamburger Steak, Mashed Potatoes w/Gravy, Green Beans, WG Roll, Milk <u>Snack:</u> Pita Chips, Salsa, Water</p>	<p>11 Lunch in Classrooms <u>Breakfast:</u> Banana Nut Muffin, Applesauce, Milk <u>Lunch:</u> Chicken & Rice, Peas, Honeydew, Milk <u>Snack:</u> Ritz Crackers, Cheese, Water</p>	<p>12 SEA Early Release <u>Breakfast:</u> Grits, Fruit Cocktail, Milk <u>Lunch:</u> Pork Chops, WG Roll, Stewed Potatoes, Squash, Milk <u>Snack:</u> Club Crackers, String Cheese, Water</p>	<p>13 SEA No School <u>Breakfast:</u> Yogurt, Banana, Milk <u>Lunch:</u> Pizza, Tossed Salad (Lettuce, Tomato, Cucumbers, Bell Pepper, Onion, Ranch Dressing), Mandarin Oranges, Milk <u>Snack:</u> Triscuit Crackers, Raisins, Water</p>
<p>16 PSRC No School <u>Breakfast:</u> Corn Chex Cereal, Peaches, Milk <u>Lunch:</u> Smoked Sausage, Tomatoes & Rice, Green Beans, Milk <u>Snack:</u> Animal Crackers, Peaches, Water</p>	<p>17 <u>Breakfast:</u> Pancakes w/Syrup, Pineapple, Milk <u>Lunch:</u> Chicken Tenders, WG Roll, Corn on the Cob, Stewed Carrots, Milk (Ketchup) <u>Snack:</u> Graham Crackers, Peanut Butter, Water</p>	<p>18 <u>Breakfast:</u> Bagel, String Cheese, Fruit Cocktail, Milk <u>Lunch:</u> Stew Beef, Rice & Gravy, Butter Beans, Peaches, Milk <u>Snack:</u> Ham Sandwich, Water</p>	<p>19 <u>Breakfast:</u> Waffles, Pears, Milk <u>Lunch:</u> Fried Chicken Legs, Sweet Peas, Mac & Cheese, Cantaloupe, Milk (Ketchup) <u>Snack:</u> Oat Square Cereal, Apples, Water</p>	<p>20 <u>Breakfast:</u> Cheese Toast, Mandarin Oranges, Milk <u>Lunch:</u> Ham & Cheese Sandwich (Lettuce, Tomato, Mayo, Mustard), Cucumbers w/Ranch, Banana, Milk <u>Snack:</u> Wheat Thins Crackers, 100% Grape Juice</p>
<p>23 <u>Breakfast:</u> Multigrain Cheerios, Applesauce, Milk <u>Lunch:</u> Baked Ham, Cornbread, Sweet Potatoes, Green Beans, Milk <u>Snack:</u> Peanut Butter Crackers, Fruit Salad, Water</p>	<p>24 <u>Breakfast:</u> Graham Crackers, Yogurt, Peaches, Milk <u>Lunch:</u> Beef & Cheese Nachos (Lettuce, Tomato, Sour Cream, Salsa), Mandarin Oranges, Milk <u>Snack:</u> Teddy Grahams, Apple Slices, Water</p>	<p>25 <u>Breakfast:</u> Oat Squares Cereal, Apricots, Milk <u>Lunch:</u> Fried Fish (Tilapia), Cornbread, Baked Beans, Squash, Milk (Ketchup, Slaw) <u>Snack:</u> Oyster Crackers, Tangerines, Water</p>	<p>26 <u>Breakfast:</u> Sausage Biscuit, Pears, Milk <u>Lunch:</u> Canadian Bacon, WG Roll, Corn, Stewed Potatoes, Milk <u>Snack:</u> Club Crackers, Mandarin Oranges, Water</p>	<p>27 <u>Breakfast:</u> Cheese Toast, Pineapple, Milk <u>Lunch:</u> Hamburger, Fries, Grapes, Milk (Lettuce, Tomato, Ketchup) <u>Snack:</u> Cheese Crackers, Diced Ham, Water</p>
<p>30 <u>Breakfast:</u> Alphabits Cereal, Peaches, Milk <u>Lunch:</u> Corn Dog, Butter Beans, Corn on the Cob, Milk (Ketchup) <u>Snack:</u> Triscuit Crackers, 100% Juice Pop, Water</p>	<p>31 <u>Breakfast:</u> French Toast Sticks w/ Syrup, Pineapple, Milk <u>Lunch:</u> Pork Roast, Wild Rice, Field Peas, Stewed Carrots, Milk <u>Snack:</u> Blueberry Muffin, Applesauce, Water</p>	<p>Apr. 1 Lunch in Classrooms <u>Breakfast:</u> Cheerios, Fruit Cocktail, Milk <u>Lunch:</u> Ham & Cheese Sandwich (Lettuce, Tomato, Mayo, Mustard), Carrot Sticks w/Ranch, Apple Slices, Milk <u>Snack:</u> Ritz Crackers, String Cheese, Water</p>	<p>Apr. 2 <u>Breakfast:</u> Biscuits, Turkey Sausage, Pears, Milk <u>Lunch:</u> Baked Chicken Legs, WG Roll, Mashed Potatoes w/Gravy, Green Beans, Milk <u>Snack:</u> Animal Crackers, Banana, Water</p>	<p>Apr. 3 <u>Breakfast:</u> English Muffin w/ Cheese, Applesauce, Milk <u>Lunch:</u> Peanut Butter & Jelly Sandwich, Corn on the Cob, Apple Slices, Milk <u>Snack:</u> Rice Cakes, Grapes, Water</p>

*All Juices served are 100% juice.

*Milk: 2-5 year old: unflavored skim/fat free milk or 1% low-fat milk; 6 years and older: unflavored skim or 1% low-fat milk; flavored skim/fat-free milk. Regulations state that milk substitutes are provided to participants with medical or special dietary needs, with appropriate documentation.

Weekly Menu: March 2 — 6, 2020

	Monday (2)	Tuesday (3)	Wednesday (4)	Thursday (5)	Friday (6)
Breakfast	<p style="text-align: center;">Alphabits Cereal (WG) Mandarin Oranges Milk</p>	<p style="text-align: center;">Biscuits Egg Peaches Milk</p>	<p style="text-align: center;">Honey Bunches of Oats Cereal (WG) Fruit Cocktail Milk</p>	<p style="text-align: center;">French Toast Sticks (WG) w/Syrup Pineapple Milk</p>	<p style="text-align: center;">Buttered Toast (WG) Pears Milk</p>
Lunch	<p style="text-align: center;">Chicken Nuggets WG Roll Squash Corn Milk (Ketchup)</p>	<p style="text-align: center;">Spaghetti (WG Pasta) Green Beans Honeydew Melon Milk</p>	<p style="text-align: center;">Chic-Fil-A Sandwich Sweet Potato Fries Okra Milk (Lettuce, Tomato, Mayo, Mustard)</p>	<p style="text-align: center;">BBQ Hushpuppies Baked Beans Cantaloupe Milk (Ketchup)</p>	<p style="text-align: center;">Hot Dog Fries Zucchini Sticks Milk (Ketchup, Ranch)</p>
Snack	<p style="text-align: center;">Goldfish Crackers Applesauce Water</p>	<p style="text-align: center;">Teddy Graham (WG) Oranges Water</p>	<p style="text-align: center;">Blueberry Muffins Banana Water</p>	<p style="text-align: center;">Pretzels (WG) Tangerines Water</p>	<p style="text-align: center;">Tortilla Chips Salsa Water</p>

Notes:

Weekly Menu: March 9 — 13, 2020

	Monday (9)	Tuesday (10)	Wednesday (11)	Thursday (12)	Friday (13)
Breakfast	Kix Cereal (WG) Peaches Milk	English Muffin (WG) Turkey Sausage Pineapple Milk	Banana Nut Muffin (WG) Applesauce Milk	Grits Fruit Cocktail Milk	Yogurt Banana Milk
Lunch	Beef Steak Rice w/Gravy Lima Beans Sweet Potatoes Milk	Hamburger Steak Mashed Potatoes w/Gravy Green Beans WG Roll Milk	Chicken & Rice Peas Honeydew Milk	Pork Chops WG Roll Stewed Potatoes Squash Milk	Pizza Tossed Salad <small>(Lettuce, Tomato, Cucumbers, Bell Pepper, Onion, Ranch Dressing)</small> Mandarin Oranges Milk
Snack	Cheese Crackers 100% Juice Pop Water	Pita Chips Salsa Water	Ritz Crackers Cheese Water	Club Crackers String Cheese Water	Triscuit Crackers (WG) Raisins Water

Notes:

March 11—Lenten Service @ FBC with Meal. ECM will need to eat in classrooms.

March 12—SEA Early Release

March 13—SEA No School

Weekly Menu: March 16 — 20, 2020

	Monday (16)	Tuesday (17)	Wednesday (18)	Thursday (19)	Friday (20)
Breakfast	Corn Chex Cereal (WG) Peaches Milk	Pancakes W/Syrup Pineapple Milk	Bagel (WG) String Cheese Fruit Cocktail Milk	Waffles Pears Milk	Cheese Toast (WG) Mandarin Oranges Milk
Lunch	Smoked Sausage Tomatoes & Rice Green Beans Milk	Chicken Tenders WG Roll Corn on the Cob Stewed Carrots Milk (Ketchup)	Stew Beef Rice & Gravy Butter Beans Peaches Milk	Fried Chicken Legs Sweet Peas Mac & Cheese Cantaloupe Milk (Ketchup)	Ham & Cheese Sandwich (Lettuce, Tomato, Mayo, Mustard) Cucumbers w/ Ranch Banana Milk
Snack	Animal Crackers Peaches Water	Graham Crackers Peanut Butter Water	Ham Sandwich Water	Oat Square Cereal (WG) Apples Water	Wheat Thins Crackers 100% Grape Juice

Notes:

March 20—Kids eat in classrooms—Fellowship Hall is reserved

Weekly Menu: March 23 — 27, 2020

	Monday (23)	Tuesday (24)	Wednesday (25)	Thursday (26)	Friday (27)
Breakfast	Multigrain Cheerios (WG) Applesauce Milk	Graham Crackers Yogurt Peaches Milk	Oat Squares Cereal (WG) Apricots Milk	Sausage Biscuit Pears Milk	Cheese Toast (WG) Pineapple Milk
Lunch	Baked Ham Cornbread Sweet Potatoes Green Beans Milk	Beef & Cheese Nachos (Lettuce, Tomato, Sour Cream, Salsa) Mandarin Oranges Milk	Fried Fish (Tilapia) Cornbread Baked Beans Squash Milk (Ketchup, Slaw)	Canadian Bacon WG Roll Corn Stewed Potatoes Milk	Hamburger Fries Grapes Milk (Lettuce, Tomato, Ketchup)
Snack	Peanut Butter Crackers Fruit Salad Water	Teddy Grahams (WG) Apple Slices Water	Oyster Crackers Tangerines Water	Club Crackers Mandarin Oranges Water	Cheese Crackers Diced Ham Water

Notes:

March 27—Kids eat in classrooms—Fellowship Hall Reserved

Weekly Menu: March 30 — April 3, 2020

	Monday (30)	Tuesday (31)	Wednesday (1)	Thursday (2)	Friday (3)
Breakfast	Alphabits Cereal (WG) Peaches Milk	French Toast Sticks (WG) w/Syrup Pineapple Milk	Cheerios (WG) Fruit Cocktail Milk	Biscuits Turkey Sausage Pears Milk	English Muffin (WG) w/Cheese Applesauce Milk
Lunch	Corn Dog Butter Beans Corn on the Cob Milk (Ketchup)	Pork Roast Wild Rice Field Peas Stewed Carrots Milk	Ham & Cheese Sandwich (Lettuce, Tomato, Mayo, Mustard) Carrot Sticks w/ Ranch Apple Slices Milk	Baked Chicken Legs WG Roll Mashed Potatoes w/Gravy Green Beans Milk	Peanut Butter & Jelly Sandwich Corn on the Cob Apple Slices Milk
Snack	Triscuit Crackers (WG) 100% Juice Pop Water	Blueberry Muffin Applesauce Water	Ritz Crackers String Cheese Water	Animal Crackers Banana Water	Rice Cakes Grapes Water

Notes:

March 31—Spring Picture Day for 2s & 3s

April 1—Spring Picture Day for 4s & PreK

Lenten Service at FBC w/meal. ECM will need to eat in classrooms.