

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Aug. 31 <u>Breakfast:</u> Alphabits Cereal, Pears, Milk <u>Lunch:</u> Beef & Cheese Nachos w/Lettuce, Tomato, Salsa, Sour Cream; Mandarin Oranges, Milk <u>Snack:</u> Saltine Crackers, Carrot Sticks w/Ranch, Water</p>	<p>Sept. 1 <u>Breakfast:</u> Bagel (WG), Peaches, Milk <u>Lunch:</u> Sliced Turkey, Rice & Gravy, Sweet Potatoes, Pineapple, Milk <u>Snack:</u> String Cheese, Animal Crackers, Water</p>	<p>Sept. 2 <u>Breakfast:</u> Pancakes (WG) w/ Syrup, Applesauce, Milk <u>Lunch:</u> Spaghetti, Tossed Salad (Tomatoes, Cucumbers, Bell Pepper, Onion, Ranch), Corn, Milk <u>Snack:</u> Cheese Crackers, Cherries, Water</p>	<p>Sept. 3 <u>Breakfast:</u> Cheese Toast (WG), Pears, Milk <u>Lunch:</u> Corn Dog, Green Beans, Fries, Milk (Ketchup) <u>Snack:</u> Club Crackers, Tangerines, Water</p>	<p>Sept. 4 <u>Breakfast:</u> Buttered Toast, Fruit Cocktail, Milk <u>Lunch:</u> Hot Dog, Fries, Apples, Milk (Ketchup, Mustard, Slaw, Chili) <u>Snack:</u> Muffin (WG), Mixed Juice, Water</p>
<p>7 Closed</p>	<p>8 <u>Breakfast:</u> Cheerios (WG), Pineapple, Milk <u>Lunch:</u> Turkey Sausage, Mac & Cheese, Squash, Lima Beans, Milk <u>Snack:</u> Oyster Crackers, Mandarin Oranges, Water</p>	<p>9 <u>Breakfast:</u> Pancakes (WG) w/ Syrup, Pears, Milk <u>Lunch:</u> Smoked Sausage, Sweet Potatoes, Carrots, Milk (Ketchup) <u>Snack:</u> Goldfish (WG), Honeydew Melon, Water</p>	<p>10 <u>Breakfast:</u> Waffles w/Syrup, Blueberries, Milk <u>Lunch:</u> Chicken Nuggets, WG Roll, Okra, Zucchini Sticks, Milk (Ketchup, Ranch) <u>Snack:</u> Ritz Crackers, Sliced Cheese, Water</p>	<p>11 <u>Breakfast:</u> English Muffin (WG) w/Cheese, Raisins, Milk <u>Lunch:</u> Ham & Cheese Sandwich, Carrot Sticks, Grapes, Milk (Lettuce, Tomato, Mustard, Mayo, Ranch) <u>Snack:</u> Graham Crackers, Yogurt, Water</p>
<p>14 <u>Breakfast:</u> Honey Bunches of Oats (WG), Pears, Milk <u>Lunch:</u> Chicken Alfredo, Peas, Corn on the cob, Milk <u>Snack:</u> Graham Crackers, Sliced Cheese, Water</p>	<p>15 <u>Breakfast:</u> Turkey Sausage, Toast (WG), Pineapple, Milk <u>Lunch:</u> BBQ, Cornbread, Baked beans, Fries, Milk <u>Snack:</u> Jelly Sandwich, Banana, Water</p>	<p>16 <u>Breakfast:</u> Scrambled Eggs, Toast, Mandarin Oranges, Milk <u>Lunch:</u> Chicken Legs, WG Roll, Green Beans, Mashed Potatoes w/ Gravy, Milk <u>Snack:</u> Teddy Grahams (WG), Raisins, Water</p>	<p>17 <u>Breakfast:</u> Cheese Biscuits, Peaches, Milk <u>Lunch:</u> Beef Meatballs, Rice & Gravy, WG Roll, Carrots, Pineapple, Milk <u>Snack:</u> Pita Bread, Apricots, Water</p>	<p>18 <u>Breakfast:</u> French Toast Sticks (WG) w/Syrup, Applesauce, Milk <u>Lunch:</u> Chicken Sandwich, Sweet Potato Fries, Apples, Milk (Lettuce, Tomato, Mayo, Mustard, Ketchup) <u>Snack:</u> Tortilla Chips w/Salsa, Water</p>
<p>21 <u>Breakfast:</u> Kix Cereal (WG), Applesauce, Milk <u>Lunch:</u> Beef Steak Fingers, WG Roll, Mashed Potatoes, Pea & Carrots, Milk <u>Snack:</u> Crackers, 100% Juice Pop, Water</p>	<p>22 <u>Breakfast:</u> Biscuits, Peaches, Milk <u>Lunch:</u> Beef & Cheese Nachos w/ Lettuce, Tomato, Sour Cream, Salsa; Mandarin Oranges, Milk <u>Snack:</u> Cheese Bagel (WG), Mangoes, Water</p>	<p>23 <u>Breakfast:</u> Muffin, Pears, Milk <u>Lunch:</u> Pork Chops, Mac & Cheese, Lima Beans, Zucchini Sticks, Milk (Ranch) <u>Snack:</u> Pretzels (WG), Applesauce, Water</p>	<p>24 <u>Breakfast:</u> French Toast Sticks (WG) w/Syrup, Blueberries, Milk <u>Lunch:</u> Stew Beef & Rice, Green Beans, Honeydew Melon, Milk <u>Snack:</u> Goldfish (WG), Mandarin Oranges, Water</p>	<p>25 <u>Breakfast:</u> Cheese Toast (WG), Pineapple, Milk <u>Lunch:</u> Pizza, Tossed Salad (Tomato, Cucumbers, Bell Pepper, Onion, Ranch), Grapes, Milk <u>Snack:</u> Cheese Crackers, Banana, Milk</p>
<p>28 <u>Breakfast:</u> Cheerios (WG), Peaches, Milk <u>Lunch:</u> Bologna Sandwich, Baked Beans, Fruit Cocktail, Milk (Ketchup) <u>Snack:</u> Teddy Grahams (WG), Raisins, Water</p>	<p>29 <u>Breakfast:</u> Muffins, Applesauce, Milk <u>Lunch:</u> Country-style Steak, Rice & Gravy, Peas, Mandarin Oranges, Milk <u>Snack:</u> Goldfish (WG), Honeydew Melon, Water</p>	<p>30 <u>Breakfast:</u> Yogurt, Graham Crackers, Pineapple, Milk <u>Lunch:</u> Ham, Cornbread, Green Beans, Stewed Apples, Milk <u>Snack:</u> Pretzels (WG), Sliced Cheese, Water</p>	<p>Oct. 1 <u>Breakfast:</u> Pancakes (WG) w/ Syrup, Scrambled Eggs, Banana, Milk <u>Lunch:</u> Grilled Cheese Sandwich, Sliced Cucumbers w/Ranch, Oranges, Milk <u>Snack:</u> Pita Bread (WG), Hummus, Water</p>	<p>Oct. 2 <u>Breakfast:</u> Breakfast Pizza, Mixed Fruit, Milk <u>Lunch:</u> Chicken Nuggets, WG Roll, Peas & Carrots, Grapes, Milk (Ketchup) <u>Snack:</u> Oyster Crackers, Mandarin Oranges, Water</p>

Weekly Menu: August 31 — September 4, 2020

	Monday (31)	Tuesday (1)	Wednesday (2)	Thursday (3)	Friday (4)
Breakfast	AlphaBits Cereal (WG) Pears Milk	Bagel (WG) Peaches Milk	Pancakes (WG) w/ Syrup Applesauce Milk	Cheese Toast (WG) Pears Milk	Buttered Toast Fruit Cocktail Milk
Lunch	Beef & Cheese Nachos with Lettuce, Tomato, Salsa, Sour Cream; Mandarin Oranges Milk	Sliced Turkey Rice & Gravy Sweet Potatoes Pineapple Milk	Spaghetti Tossed Salad (Tomatoes, Cucumbers, Bell Pepper, Onion, Ranch dressing) Corn Milk	Corn Dog Green Beans Fries Milk (Ketchup)	Hot Dog Fries Apples Milk (Ketchup, Mustard, Slaw, Chili)
Snack	Saltine Crackers Carrot Sticks w/ Ranch Water	String Cheese Animal Crackers Water	Cheese Crackers Cherries Water	Club Crackers Tangerines Water	Muffin (WG) Mixed Juice Water

Notes:

Weekly Menu: September 7—11, 2020

	Monday (7)	Tuesday (8)	Wednesday (9)	Thursday (10)	Friday (11)
Breakfast	Closed	Cheerios (WG) Pineapple Milk	Pancakes (WG) w/ syrup Pears Milk	Waffles w/syrup Blueberries Milk	English Muffin (WG) w/Cheese Raisins Milk
Lunch	Closed	Turkey Sausage Mac & Cheese Squash Lima Beans Milk	Smoked Sausage Roll Sweet Potatoes Carrots Milk (Ketchup)	Chicken Nuggets WG Roll Okra Zucchini Sticks Milk (Ketchup, Ranch)	Ham & Cheese Sandwich Carrot Sticks Grapes Milk (Lettuce, Tomato, Mustard, Mayo, Ranch)
Snack	Closed	Oyster Crackers Mandarin Oranges Water	Goldfish (WG) Honeydew Melon Water	Ritz Crackers Sliced Cheese Water	Graham Crackers Yogurt Water

Notes:

CLOSED Monday, Sept. 7— Labor Day

Weekly Menu: September 14 — 18, 2020

	Monday (14)	Tuesday (15)	Wednesday (16)	Thursday (17)	Friday (18)
Breakfast	Honey Bunches of Oats Cereal (WG) Pears Milk	Turkey Sausage Toast (WG) Pineapple Milk	Scrambled Eggs Toast Mandarin Oranges Milk	Cheese Biscuits Peaches Milk	French Toast Sticks (WG) w/Syrup Applesauce Milk
Lunch	Chicken Alfredo (w/Bowtie Noodles) Peas Corn on the cob Milk	BBQ Corn bread Baked beans Fries Milk (Ketchup, Slaw)	Chicken Legs WG Roll Green Beans Mashed Potatoes w/Gravy Milk	Beef Meatballs Rice & Gravy WG Roll Carrots Pineapple Milk	Chicken Sandwich Sweet Potato Fries Apples Milk (Lettuce, Tomato, Mayo, Mustard, Ketchup)
Snack	Graham Crackers Sliced Cheese Water	Jelly Sandwich Bananas Water	Teddy Grahams (WG) Raisins Water	Pita Bread Apricots Water	Tortilla Chips Salsa Water

Notes:

Weekly Menu: September 21 — 25, 2020

	Monday (21)	Tuesday (22)	Wednesday (23)	Thursday (24)	Friday (25)
Breakfast	Kix Cereal (WG) Applesauce Milk	Biscuits Peaches Milk	Muffin Pears Milk	French Toast Sticks (WG) w/syrup Blueberries Milk	Cheese Toast (WG) Pineapple Milk
Lunch	Beef Steak Fingers WG Roll Mashed Potatoes Peas & Carrots Milk	Beef & Cheese Nachos w/Lettuce, Tomato, Sour Cream, Salsa; Mandarin Oranges Milk	Pork Chops Mac & Cheese Lima Beans Zucchini Sticks Milk (Ranch)	Stew Beef & Rice Green Beans Honeydew Melon Milk	Pizza Tossed Salad (Tomato, Cucumbers, Bell Pepper, Onion, Ranch) Grapes Milk
Snack	Crackers 100% Juice Pop Water	Cheese Bagel (WG) Mangoes Water	Pretzels (WG) Applesauce Water	Goldfish (WG) Mandarin Oranges Water	Cheese Crackers Banana Water

Notes:

Weekly Menu: September 28 — October 2, 2020

	Monday (28)	Tuesday (29)	Wednesday (30)	Thursday (1)	Friday (2)
Breakfast	Cheerios (WG) Peaches Milk	Muffins Applesauce Milk	Yogurt Graham Crackers Pineapple Milk	Pancakes (WG) w/ syrup Scrambled Eggs Banana Milk	Breakfast Pizza Mixed Fruit Milk
Lunch	Bologna Sandwich Baked Beans Fruit Cocktail Milk (Ketchup)	Country Style Steak Rice & Gravy Peas Mandarin Oranges Milk	Ham Corn bread Green Beans Stewed Apples Milk	Grilled Cheese Sandwich Sliced Cucumbers w/Ranch Oranges Milk	Chicken Nuggets WG Roll Peas & Carrots Grapes Milk (Ketchup)
Snack	Teddy Grahams (WG) Raisins Water	Goldfish (WG) Honeydew Melon Water	Pretzels (WG) Sliced Cheese Water	Pita Bread (WG) Hummus Water	Oyster Crackers Mandarin Oranges Water

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