

October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sept. 28 <u>Breakfast:</u> Cheerios (WG), Peaches, Milk <u>Lunch:</u> Bologna Sandwich, Baked Beans, Fruit Cocktail, Milk (Ketchup) <u>Snack:</u> Teddy Grahams (WG), Raisins, Water</p>	<p>Sept. 29 <u>Breakfast:</u> Muffins, Applesauce, Milk <u>Lunch:</u> Country-style Steak, Rice & Gravy, Peas, Mandarin Oranges, Milk <u>Snack:</u> Goldfish (WG), Honeydew Melon, Water</p>	<p>Sept. 30 <u>Breakfast:</u> Yogurt, Graham Crackers, Pineapple, Milk <u>Lunch:</u> Ham, Cornbread, Green Beans, Stewed Apples, Milk <u>Snack:</u> Pretzels (WG), Sliced Cheese, Water</p>	<p>Oct. 1 <u>Breakfast:</u> Pancakes (WG) w/ Syrup, Scrambled Eggs, Banana, Milk <u>Lunch:</u> Grilled Cheese Sandwich, Sliced Cucumbers w/Ranch, Oranges, Milk <u>Snack:</u> Pita Bread (WG), Hummus, Water</p>	<p>Oct. 2 <u>Breakfast:</u> Ham & Cheese Breakfast Pizza, Mixed Fruit, Milk <u>Lunch:</u> Chicken Nuggets, WG Roll, Peas & Carrots, Grapes, Milk (Ketchup) <u>Snack:</u> Oyster Crackers, Mandarin Oranges, Water</p>
<p>5 <u>Breakfast:</u> Chex Cereal (WG), Applesauce, Milk <u>Lunch:</u> Chicken Sandwich, Okra, Sweet Potato Fries, Milk (Lettuce, Tomato, Mayo) <u>Snack:</u> Peanut Butter, Crackers, Water</p>	<p>6 <u>Breakfast:</u> French Toast Sticks (WG), Mandarin Orange, Milk <u>Lunch:</u> Beef Steak Fingers, WG Roll, Scalloped Potatoes, Corn, Milk <u>Snack:</u> String Cheese, Animal Crackers, Water</p>	<p>7 <u>Breakfast:</u> Bagel w/Cheese (WG), Peaches, Milk <u>Lunch:</u> Chicken & Rice, Peas, Cantaloupe, Milk <u>Snack:</u> Peanut Butter Crackers, Banana, Water</p>	<p>8 <u>Breakfast:</u> Cheese Toast (WG), Pears, Milk <u>Lunch:</u> Stew Beef, Rice w/gravy, Green Beans, Corn on the Cob, Milk <u>Snack:</u> Club Crackers, Raisins, Water</p>	<p>9 <u>Breakfast:</u> Muffin (WG), Peaches, Milk <u>Lunch:</u> Hot dog, Fries, Sliced Apples, Milk (Ketchup, Slaw, Chili) <u>Snack:</u> Graham Crackers, Mixed Juice, Water</p>
<p>12 <u>Breakfast:</u> Honey Bunches of Oats Cereal (WG), Pears, Milk <u>Lunch:</u> Pork Chops, Rice & Tomatoes, Squash, Milk <u>Snack:</u> String Cheese, Oyster Crackers, Water</p>	<p>13 <u>Breakfast:</u> Bologna Sandwich, Pineapple, Milk <u>Lunch:</u> Beef & Cheese Nachos w/ Lettuce, Tomato, Sour Cream, Salsa; Mandarin Oranges, Milk <u>Snack:</u> Teddy Grahams (WG), Banana, Water</p>	<p>14 <u>Breakfast:</u> French Toast Sticks (WG), Peaches, Milk <u>Lunch:</u> Chicken Tenders, WG Roll, Lima Beans, Cantaloupe, Milk (Ketchup) <u>Snack:</u> Muffins, Applesauce, Water</p>	<p>15 <u>Breakfast:</u> Bagel w/Cheese (WG), Mandarin Oranges, Milk <u>Lunch:</u> Beef Meatballs, Rice w/ Gravy, Cheesy Broccoli, Fruit Cocktail, Milk <u>Snack:</u> Cheese Crackers, Cherries, Water</p>	<p>16 <u>Breakfast:</u> Cheese Toast (WG), Applesauce, Milk <u>Lunch:</u> Pizza, Tossed Salad w/ Ranch dressing, Grapes, Milk <u>Snack:</u> Peanut Butter, Club Crackers, Water</p>
<p>19 <u>Breakfast:</u> Cheerios (WG), Pears, Milk <u>Lunch:</u> Turkey Sausage, Mac & Cheese, Green Beans, Fruit Cocktail, Milk <u>Snack:</u> Goldfish Crackers, 100% Juice Pops, Water</p>	<p>20 <u>Breakfast:</u> Chicken Biscuit, Peaches, Milk <u>Lunch:</u> Spaghetti w/WG noodles, Corn on the cob, Tossed Salad w/ Ranch dressing, Milk <u>Snack:</u> Tortilla Chips, Cheese Dip, Water</p>	<p>21 <u>Breakfast:</u> Grits, Mangoes, Milk <u>Lunch:</u> Pork Roast, Wild Rice, Peas & Carrots, Pineapple, Milk <u>Snack:</u> Saltine Crackers, Sliced Cucumbers w/Ranch, Water</p>	<p>22 <u>Breakfast:</u> Pancakes w/Syrup, Pineapple, Milk <u>Lunch:</u> Chicken Legs, Rice w/ Gravy, Lima Beans, Corn, Milk <u>Snack:</u> Crackers (WG), Sliced Oranges, Water</p>	<p>23 <u>Breakfast:</u> English Muffin (WG) w/Cheese, Applesauce, Milk <u>Lunch:</u> Hamburger, Fries, Grapes, Milk (Lettuce, Tomato, Ketchup, Mustard, Mayo) <u>Snack:</u> Animal Crackers, Sliced Apples, Water</p>
<p>26 <u>Breakfast:</u> Kix Cereal, Peaches, Milk <u>Lunch:</u> Ham, Cornbread, Sweet Potatoes, Green Beans, Milk <u>Snack:</u> Cheese, Crackers, Water</p>	<p>27 <u>Breakfast:</u> Scrambled Eggs, Biscuits, Pears, Milk <u>Lunch:</u> Corn Dog, Fries, Banana, Milk (Ketchup) <u>Snack:</u> Pita (WG), Hummus, Water</p>	<p>28 <u>Breakfast:</u> French Toast Sticks (WG), Mandarin Oranges, Milk <u>Lunch:</u> Spaghetti, Corn, Tossed Salad w/Ranch dressing, Milk <u>Snack:</u> Graham Crackers, Apricots, Water</p>	<p>29 <u>Breakfast:</u> Turkey Sausage, Biscuit, Pineapple, Milk <u>Lunch:</u> BBQ Sandwich, Fries, Baked Beans, Milk (Ketchup, Slaw) <u>Snack:</u> Teddy Grahams (WG), Grapes, Water</p>	<p>30 <u>Breakfast:</u> Waffles, Applesauce, Milk <u>Lunch:</u> Peanut Butter & Jelly Sandwich, Carrot Sticks w/Ranch dressing, Sliced Apples, Milk <u>Snack:</u> String Cheese, Pretzels (WG), Water</p>

Weekly Menu: September 28 — October 2, 2020

	Monday (28)	Tuesday (29)	Wednesday (30)	Thursday (1)	Friday (2)
Breakfast	Cheerios (WG) Peaches Milk	Muffins Applesauce Milk	Yogurt Graham Crackers Pineapple Milk	Pancakes (WG) w/ syrup Scrambled Eggs Banana Milk	Ham & Cheese Breakfast Pizza Mixed Fruit Milk
Lunch	Bologna Sandwich Baked Beans Fruit Cocktail Milk (Ketchup)	Country Style Steak Rice & Gravy Peas Mandarin Oranges Milk	Ham Corn bread Green Beans Stewed Apples Milk	Grilled Cheese Sandwich Sliced Cucumbers w/Ranch Oranges Milk	Chicken Nuggets WG Roll Peas & Carrots Grapes Milk (Ketchup)
Snack	Teddy Grahams (WG) Raisins Water	Goldfish (WG) Honeydew Melon Water	Pretzels (WG) Sliced Cheese Water	Pita Bread (WG) Hummus Water	Oyster Crackers Mandarin Oranges Water

Notes:

Weekly Menu: October 5—9, 2020

	Monday (5)	Tuesday (6)	Wednesday (7)	Thursday (8)	Friday (9)
Breakfast	<p style="text-align: center;">Chex Cereal (WG) Applesauce Milk</p>	<p style="text-align: center;">French Toast Sticks (WG) w/Syrup Mandarin Oranges Milk</p>	<p style="text-align: center;">Bagel (WG) w/ Cheese Peaches Milk</p>	<p style="text-align: center;">Cheese Toast (WG) Pears Milk</p>	<p style="text-align: center;">Muffin (WG) Peaches Milk</p>
Lunch	<p style="text-align: center;">Chicken Sandwich Okra Sweet Potato Fries Milk (Lettuce, Tomato, Ketchup, Mayo)</p>	<p style="text-align: center;">Beef Steak Fingers WG Roll Scalloped Potatoes Corn Milk</p>	<p style="text-align: center;">Chicken & Rice Peas Cantaloupe Milk</p>	<p style="text-align: center;">Stew Beef Rice w/gravy Green Beans Corn on the Cob Milk</p>	<p style="text-align: center;">Hot Dog Fries Sliced Apples Milk (Ketchup, Mustard, Chili, Slaw)</p>
Snack	<p style="text-align: center;">Peanut Butter Crackers Water</p>	<p style="text-align: center;">String Cheese Animal Crackers Water</p>	<p style="text-align: center;">Peanut Butter Crackers Banana Water</p>	<p style="text-align: center;">Club Crackers Raisins Water</p>	<p style="text-align: center;">Graham Crackers Mixed Juice Water</p>

Notes:

Weekly Menu: October 12 — 16, 2020

	Monday (12)	Tuesday (13)	Wednesday (14)	Thursday (15)	Friday (16)
Breakfast	Honey Bunches of Oats Cereal (WG) Pears Milk	Bologna Sandwich Pineapple Milk	French Toast Sticks (WG) w/Syrup Peaches Milk	Bagel (WG) w/ Cheese Mandarin Oranges Milk	Cheese Toast (WG) Applesauce Milk
Lunch	Pork Chops Rice & Tomatoes Squash Milk	Beef & Cheese Nachos w/Lettuce, Tomato, Sour Cream, Salsa Mandarin Oranges Milk	Chicken Tenders WG Roll Lima Beans Cantaloupe Milk (Ketchup)	Beef Meatballs Rice w/Gravy Cheesy Broccoli Fruit Cocktail Milk	Pizza Tossed Salad w/ Ranch dressing Grapes Milk
Snack	String Cheese Oyster Crackers Water	Teddy Grahams (WG) Banana Water	Muffins Applesauce Water	Cheese Crackers Cherries Water	Peanut Butter Club Crackers Water

Notes:

Weekly Menu: October 19 — 23, 2020

	Monday (19)	Tuesday (20)	Wednesday (21)	Thursday (22)	Friday (23)
Breakfast	Cheerios (WG) Pears Milk	Chicken Biscuit Peaches Milk	Grits Mangoes Milk	Pancakes w/Syrup Pineapple Milk	English Muffin (WG) w/Cheese Applesauce Milk
Lunch	Turkey Sausage Mac & Cheese Green Beans Fruit Cocktail Milk	Spaghetti (WG Pasta) Corn on the Cob Tossed Salad w/ Ranch dressing Milk	Pork Roast Wild Rice (WG) Peas & Carrots Pineapple Milk	Chicken Legs Rice w/Gravy Lima Beans Corn Milk	Hamburger Fries Grapes Milk (Ketchup, Mustard, Mayo, Lettuce, Tomato)
Snack	Goldfish Crackers 100% Juice Pop Water	Tortilla Chips Cheese Dip Water	Saltine Crackers Sliced Cucumbers w/Ranch Water	Crackers (WG) Sliced Oranges Water	Animal Crackers Sliced Apples Water

Notes:

Weekly Menu: October 26—30, 2020

	Monday (26)	Tuesday (27)	Wednesday (28)	Thursday (29)	Friday (30)
Breakfast	Kix Cereal (WG) Peaches Milk	Scrambled Eggs Biscuit Pears Milk	French Toast Sticks (WG) w/Syrup Mandarin Oranges Milk	Turkey Sausage Biscuit Pineapple Milk	Waffles w/Syrup Applesauce Milk
Lunch	Ham Cornbread Sweet Potatoes Green Beans Milk	Corn Dog Squash Banana Milk (Ketchup)	Spaghetti Tossed Salad w/ Ranch dressing Corn Milk	BBQ Sandwich Fries Baked Beans Milk (Ketchup, slaw)	Peanut Butter & Jelly Sandwich Carrot Sticks w/ Ranch dressing Sliced Apples Water
Snack	Crackers Cheese Water	Pita Bread (WG) Hummus Water	Graham Crackers Apricots Water	Teddy Grahams (WG) Grapes Water	String Cheese Pretzels (WG) Water

Notes:

Halloween Class Parties TBA