

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 <u>Breakfast:</u> Alphabits (WG), Pears, Milk <u>Lunch:</u> Fajita Chicken, Wild Rice, Green Beans, Peaches, Milk <u>Snack:</u> Animal Crackers, 100% Apple Juice, Water</p>	<p>3 <u>Breakfast:</u> Grits w/cheese, Applesauce, Milk <u>Lunch:</u> Beef & Cheese Nachos (WG) w/Lettuce, Tomato, Sour Cream, Mandarin Oranges, Milk <u>Snack:</u> Peanut Butter, Club Crackers, Water</p>	<p>4 <u>Breakfast:</u> French Toast Sticks (WG), Pineapple, Milk <u>Lunch:</u> Chicken & Rice, Peas, Fruit Cocktail, Milk <u>Snack:</u> Graham Crackers, Yogurt, Water</p>	<p>5 <u>Breakfast:</u> Cheese Toast (WG), Applesauce, Milk <u>Lunch:</u> Hamburger Steak, WG Roll, Mashed Potatoes w/gravy, Pears, Milk <u>Snack:</u> Goldfish Crackers, Sliced Oranges, Water</p>	<p>6 <u>Breakfast:</u> Muffins, Blueberries, Milk <u>Lunch:</u> Hot dog, Fries, Baked Beans, Peaches, Milk (Ketchup, Mustard, Slaw, Chili) <u>Snack:</u> Pretzels (WG), Apple Slices, Water</p>
<p>9 <u>Breakfast:</u> Cheerios (WG), Pears, Milk <u>Lunch:</u> Corn Dog, Pork-n-Beans, Applesauce, Milk (Ketchup) <u>Snack:</u> Ritz Crackers w/cheese, Peaches, Water</p>	<p>10 <u>Breakfast:</u> Banana, Graham Crackers, Milk <u>Lunch:</u> Spaghetti (WG pasta), Tossed Salad w/Ranch dressing, Corn, Milk <u>Snack:</u> Animal Crackers, 100 % Apple Juice, Water</p>	<p>11 <u>Breakfast:</u> Cinnamon Toast (WG), Pineapple, Milk <u>Lunch:</u> Chicken Tenders, Peas, Fries, Applesauce, Roll (WG), Milk (Ketchup) <u>Snack:</u> String Cheese, Blueberries, Water</p>	<p>12 <u>Breakfast:</u> Sausage Biscuit, Fruit Cocktail, Milk <u>Lunch:</u> Vegetable Beef Soup, Cheese Toast, Banana, Milk <u>Snack:</u> Pretzels (WG), Raisins, Water</p>	<p>13 <u>Breakfast:</u> Bologna Sandwich (WG), Squash, Mandarin Oranges, Milk <u>Lunch:</u> Hamburger, Fries, Baked Beans, Milk (Ketchup, Mustard, Tomato, Lettuce) <u>Snack:</u> Oyster Crackers, Peaches, Water</p>
<p>16 <u>Breakfast:</u> Chex Cereal (WG), Pears, Milk <u>Lunch:</u> Beef Meatballs, Mashed Potatoes w/Gravy, WG Roll, Lima Beans, Milk <u>Snack:</u> Cheese Crackers, 100% Juice Pop, Water</p>	<p>17 <u>Breakfast:</u> Bagel (WG) w/Cheese, Pineapple, Milk <u>Lunch:</u> Grilled Chicken Sandwich, Sweet Potato Fries, Mandarin Oranges, Milk <u>Snack:</u> String Cheese, Ritz Crackers, Water</p>	<p>18 <u>Breakfast:</u> Turkey Sausage, Buttered Toast, Peaches, Milk <u>Lunch:</u> Ham Sandwich, Cucumbers w/Ranch, Pineapple, Milk (Lettuce, Tomato) <u>Snack:</u> Yogurt, Cheerios (WG), Water</p>	<p>19 <u>Breakfast:</u> Pancakes w/syrup, Applesauce, Milk <u>Lunch:</u> Chicken and Noodles, Green Beans, Peaches, Milk <u>Snack:</u> Carrot Sticks w/ Ranch, Saltines, Water</p>	<p>20 <u>Breakfast:</u> Cinnamon Toast, Fruit Cocktail, Milk <u>Lunch:</u> Hot Dogs, Baked Beans, Sliced Apples, Milk <u>Snack:</u> Snack Muffins (WG), Applesauce, Water</p>
<p>23 <u>Breakfast:</u> Kix Cereal (WG), Pears, Milk <u>Lunch:</u> Chicken and Rice, Green Beans, Peaches, Milk <u>Snack:</u> Goldfish Crackers, Orange Slices, Water</p>	<p>24 <u>Breakfast:</u> French Toast Sticks (WG) w/Syrup, Applesauce, Milk <u>Lunch:</u> BBQ, Hushpuppies, Fries, Baked Beans, Milk (Ketchup, Slaw) <u>Snack:</u> Graham Crackers, Pears, Water</p>	<p>25 <u>Breakfast:</u> Teddy Grahams (WG), Banana, Milk <u>Lunch:</u> Chicken Tenders, WG Roll, Zucchini Sticks, Pineapple, Milk (Ketchup, Ranch) <u>Snack:</u> Oyster Crackers, Tangerines, Water</p>	<p>26 Happy Thanksgiving! CLOSED</p>	<p>27 CLOSED</p>
<p>30 <u>Breakfast:</u> Honey Bunches of Oats Cereal (WG), Pears, Milk <u>Lunch:</u> Smoked Sausage, Mac-n-cheese, Green Beans, Fruit Cocktail, Milk <u>Snack:</u> Wheat Crackers, Mandarin Oranges, Water</p>	<p>Dec. 1 <u>Breakfast:</u> Grits w/ cheese, Peaches, Milk <u>Lunch:</u> Beef & Cheese Nachos w/ Lettuce, Tomato, Sour Cream, Sliced Apples, Milk <u>Snack:</u> Cheerios (WG), Banana, Water</p>	<p>Dec. 2 <u>Breakfast:</u> English Muffin (WG) w/Cheese, Pineapple, Milk <u>Lunch:</u> Vegetable Beef Soup, Cheese Toast, Mandarin Oranges, Milk <u>Snack:</u> Saltine Crackers, Sliced Cucumbers w/Ranch Dressing, Water</p>	<p>Dec. 3 <u>Breakfast:</u> Boiled Egg, Buttered Toast, Fruit Cocktail, Milk <u>Lunch:</u> Chicken Sandwich (WG bun), Fries, Blueberries, Milk (Lettuce, Tomato, Mayo, Mustard, Ketchup) <u>Snack:</u> Tortilla Chips w/Cheese Dip, Water</p>	<p>Dec. 4 <u>Breakfast:</u> Yogurt, Graham Crackers, Peaches, Milk <u>Lunch:</u> Ham & Cheese Sandwich, Carrot Sticks w/Ranch, Sliced Apples, Milk (Lettuce, Tomato) <u>Snack:</u> Snack Muffins (WG), Raisins, Water</p>

Weekly Menu: November 2—6, 2020

	Monday (2)	Tuesday (3)	Wednesday (4)	Thursday (5)	Friday (6)
Breakfast	Alpha Bits Cereal (WG) Pears Milk	Grits w/Cheese Applesauce Milk	French Toast Sticks (WG) Pineapple Milk	Cheese Toast (WG) Applesauce Milk	Muffins Blueberries Milk
Lunch	Fajita Chicken Wild Rice (WG) Green Beans Peaches Milk	Beef & Cheese Nachos (WG Chips) w/Lettuce, Tomato, Sour Cream; Mandarin Oranges Milk	Chicken & Rice Peas Fruit Cocktail Milk	Hamburger Steak Mashed Potatoes w/Gravy WG Roll Pears Milk	Hot Dog Baked Beans Fries Milk (Ketchup, Mustard, Slaw, Chili)
Snack	Animal Crackers 100% Apple Juice Water	Peanut Butter Club Crackers Water	Graham Crackers Yogurt Water	Goldfish Crackers Sliced Oranges Water	Pretzels (WG) Apple Slices Water

Notes:

Weekly Menu: November 9 — 13, 2020

	Monday (9)	Tuesday (10)	Wednesday (11)	Thursday (12)	Friday (13)
Breakfast	Cheerios (WG) Pears Milk	Banana Graham Crackers Milk	Cinnamon Toast (WG) Pineapple Milk	Sausage Biscuit Fruit Cocktail Milk	Bologna Sandwich (WG bread) Mandarin Oranges Milk
Lunch	Corn Dog Pork-n-Beans Applesauce Milk (Ketchup)	Spaghetti (WG Pasta) Tossed Salad w/ Ranch Dressing Corn Milk	Chicken Tenders WG Roll Fries Peas Milk (Ketchup)	Vegetable Beef Soup Cheese Toast Banana Milk	Hamburger Fries Baked Beans Milk (Ketchup, Mustard, Lettuce, Tomato)
Snack	Ritz Crackers w/ Cheese Peaches Water	Animal Crackers 100% Apple Juice Water	String Cheese Blueberries Water	Pretzels (WG) Raisins Water	Oyster Crackers Peaches Milk

Notes:

Weekly Menu: November 16 — 20, 2020

	Monday (16)	Tuesday (17)	Wednesday (18)	Thursday (19)	Friday (20)
Breakfast	Chex Cereal (WG) Pears Milk	Bagel (WG) w/ Cheese Pineapple Milk	Turkey Sausage Buttered Toast Peaches Milk	Pancakes Applesauce Milk	Cinnamon Toast Fruit Cocktail Milk
Lunch	Beef Meatballs Mashed Potatoes w/Gravy WG Roll Lima Beans Milk	Grilled Chicken Sandwich Sweet Potato Fries Mandarin Oranges Milk (Ketchup, Mustard, Lettuce, Tomato)	Ham Sandwich Sliced Cucumbers w/Ranch Dressing Pineapple Milk	Chicken & Noodles Green Beans Peaches Milk	Hot Dog Baked Beans Sliced Apples Milk (Ketchup, Mustard, Chili, Slaw)
Snack	Cheese Crackers 100% Juice Pop Water	String Cheese Ritz Crackers Water	Yogurt Cheerios (WG) Water	Saltine Crackers Carrot Sticks w/ Ranch Dressing Water	Snack Muffins (WG) Applesauce Water

Weekly Menu: November 23 — 27, 2020

	Monday (23)	Tuesday (24)	Wednesday (25)	Thursday (26)	Friday (27)
Breakfast	Kix Cereal (WG) Pears Milk	French Toast Sticks (WG) w/syrup Applesauce Milk	Teddy Grahams (WG) Banana Milk	Closed	Closed
Lunch	Chicken & Rice Green Beans Peaches Milk	BBQ Hushpuppies Fries Baked Beans Milk (Ketchup, Slaw)	Chicken Tenders WG Roll Zucchini Sticks Pineapple Milk (Ketchup, Ranch)	Closed	Closed
Snack	Goldfish Crackers Sliced Oranges Water	Graham Crackers Pears Water	Oyster Crackers Tangerines Water	Closed	Closed

Notes:

Weekly Menu: November 30 — December 4, 2020

	Monday (30)	Tuesday (1)	Wednesday (2)	Thursday (3)	Friday (4)
Breakfast	Honey Bunches of Oats Cereal (WG) Pears Milk	Grits w/Cheese Peaches Milk	English Muffin (WG) w/Cheese Pineapple Milk	Hardboiled Egg Buttered Toast Fruit Cocktail Milk	Yogurt Graham Crackers Peaches Milk
Lunch	Smoked Sausage Mac & Cheese Green Beans Milk	Beef & Cheese Nachos w/Lettuce, Tomato, Sour Cream; Sliced Apples Milk	Vegetable Beef Soup Cheese Toast Mandarin Oranges Milk	Chicken Sandwich (WG bun) Fries Blueberries Milk (Lettuce, Tomato, Mayo, Mustard, Ketchup)	Ham & Cheese Sandwich Carrot Sticks w/ Ranch Dressing Sliced Apples Milk (Lettuce, Tomato)
Snack	Wheat Crackers Mandarin Oranges Water	Cheerios (WG) Banana Water	Saltine Crackers Sliced Cucumbers w/Ranch Dressing Water	Tortilla Chips Cheese Dip Water	Snack Muffins (WG) Raisins Water

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