

January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
28 CLOSED	29 <u>Breakfast:</u> Kix Cereal (WG), Pears, Milk <u>Lunch:</u> BBQ, Hushpuppies, Fries, Baked Beans, Milk (Ketchup, Slaw) <u>Snack:</u> Graham Crackers, Peaches, Water	30 <u>Breakfast:</u> Teddy Grahams (WG), Banana, Milk <u>Lunch:</u> Chicken Tenders, Roll, Zucchini Sticks, Pineapple, Milk (Ketchup, Ranch) <u>Snack:</u> Oyster Crackers, Tangerines, Water	31 <u>Breakfast:</u> Buttered English Muffin w/Cinnamon, Pears, Milk <u>Lunch:</u> Hamburger, Fries, Applesauce, Milk (Ketchup, Mustard, Lettuce, Tomato) <u>Snack:</u> Pretzels (WG), Peaches, Water	Jan. 1 Happy New Year! CLOSED
4 <u>Breakfast:</u> Corn Flakes (WG), Applesauce, Milk <u>Lunch:</u> Meatballs, Mashed Potatoes, Sweet Peas, Bread, Milk <u>Snack:</u> Cucumbers w/ranch, Wheat thins, Water	5 <u>Breakfast:</u> Bagel w/cream cheese, Peaches, Milk <u>Lunch:</u> Turkey, Ham & Cheese Sub (WG), Lettuce & Tomato, Pears, Milk <u>Snack:</u> Goldfish, Raisins, Water	6 <u>Breakfast:</u> Grits w/cheese, Pineapple, Milk <u>Lunch:</u> English Muffin Pepperoni Pizza (WG), Salad w/Ranch dressing, Apples, Milk <u>Snack:</u> Yogurt, Graham Crackers, Water	7 <u>Breakfast:</u> WG Muffins, Blueberries, Milk <u>Lunch:</u> Beanie Weenies, Peaches, Roll, Milk <u>Snack:</u> Cheese Cubes, Carrot Sticks, Water	8 <u>Breakfast:</u> Sausage Biscuit, Banana, Milk <u>Lunch:</u> Sloppy Joe Sandwich, Fries, Applesauce, Milk <u>Snack:</u> Pretzels (WG), Apple Juice
11 <u>Breakfast:</u> Cheerios (WG), Pears, Milk <u>Lunch:</u> Cheese Ravioli w/ Meat Sauce, Corn, Pineapple, Milk <u>Snack:</u> Ritz crackers w/ Cheese, Water	12 <u>Breakfast:</u> French Toast Sticks, Peaches, Milk <u>Lunch:</u> Shepherd's Pie, Sweet Peas, Bread, Milk <u>Snack:</u> Cheerios (WG), Mixed Fruit, Water	13 <u>Breakfast:</u> Buttered Toast, Scrambled Eggs, Pears, Milk <u>Lunch:</u> BBQ Rib Sandwich (WG bun), Fries, Apples, Milk <u>Snack:</u> Tortilla, Cheese, Water	14 <u>Breakfast:</u> Bologna Sandwich, Mandarin Oranges, Milk <u>Lunch:</u> Chicken Tenders, Broccoli w/ Cheese, Pears, WG Bread, Milk <u>Snack:</u> Animal Crackers, Applesauce, Water	15 <u>Breakfast:</u> Yogurt, Graham Crackers, Peaches, Milk <u>Lunch:</u> Turkey & Cheese Wrap (WG tortilla), Carrot Sticks w/ Ranch, Apple Slices, Milk <u>Snack:</u> String Cheese, Pineapple, Water
18 <u>Breakfast:</u> Corn Chex (WG), Banana, Milk <u>Lunch:</u> Beef & Cheese Nachos w/Lettuce, Tomato, Salsa, Sour Cream; Pineapple, Milk <u>Snack:</u> Cheez Its, Apple Juice	19 <u>Breakfast:</u> Cheese Toast, Applesauce, Milk <u>Lunch:</u> Chili, Cornbread, Corn, Pears, Milk <u>Snack:</u> Trail Mix (WG Pretzels, Raisins, Corn Chex), Water	20 <u>Breakfast:</u> Turkey Sausage, Buttered Toast, Fruit Cocktail, Milk <u>Lunch:</u> BBQ Chicken Strips, Squash, Mashed Potatoes, WG Bread, Milk <u>Snack:</u> Cucumbers w/ Ranch, Saltines, Water	21 <u>Breakfast:</u> Pancakes, Pears, Milk <u>Lunch:</u> Spaghetti, Tossed Salad w/Ranch dressing; Mandarin Oranges, Milk <u>Snack:</u> Teddy Grahams (WG), Yogurt, Water	22 <u>Breakfast:</u> Sausage & Cheese on English Muffin (WG), Applesauce, Milk <u>Lunch:</u> Chicken Filet Sandwich, Fries, Fruit Cocktail, Milk (Lettuce, Tomato, Mayo, Mustard, Ketchup) <u>Snack:</u> Goldfish, Peaches, Water
25 <u>Breakfast:</u> Rice Krispies, Applesauce, Milk <u>Lunch:</u> Hamburger Steak, Rice w/Gravy, Green Beans, Peaches, Bread, Milk <u>Snack:</u> Cheese Sandwich (WG), Water	26 <u>Breakfast:</u> Waffles (WG), Pineapple, Milk <u>Lunch:</u> Smoked Sausage, Mac-n-Cheese, Corn on the Cob, Applesauce, Bread, Milk <u>Snack:</u> Oyster Crackers, Tangerines, Water	27 <u>Breakfast:</u> Sausage Biscuits, Pears, Milk <u>Lunch:</u> Chicken Salad, Cucumbers w/Ranch Dressing, Peaches, Bread (WG), Milk <u>Snack:</u> Apple Slices, Cubed Cheese, Water	28 <u>Breakfast:</u> Muffins, Blueberries, Milk <u>Lunch:</u> Chicken Noodle Soup, Grilled Cheese (WG), Carrot Sticks w/ Ranch, Pears, Milk <u>Snack:</u> Animal Crackers, Raisins, Water	29 <u>Breakfast:</u> Cheese Toast (WG), Applesauce, Milk <u>Lunch:</u> Hot Dogs, Baked Beans, Fries, Pineapple, Milk <u>Snack:</u> Tortilla Chips, Cheese Dip, Water

Weekly Menu: December 28, 2020 — January 1, 2021

	Monday (28)	Tuesday (29)	Wednesday (30)	Thursday (31)	Friday (1)
Breakfast	Closed	Kix Cereal (WG) Pears Milk	Teddy Grahams (WG) Banana Milk	Buttered English Muffin w/Cinnamon Pears Milk	Closed
Lunch	Closed	BBQ Hushpuppies Fries Baked Beans Milk (Ketchup, Slaw)	Chicken Tenders WG Roll Zucchini Sticks Pineapple Milk (Ketchup, Ranch)	Hamburger Fries Applesauce Milk (Ketchup, Mustard, Lettuce, Tomato)	Closed
Snack	Closed	Graham Crackers Peaches Water	Oyster Crackers Tangerines Water	Pretzels (WG) Peaches Water	Closed

Notes:

Weekly Menu: January 4—8, 2021

	Monday (4)	Tuesday (5)	Wednesday (6)	Thursday (7)	Friday (8)
Breakfast	Corn Flakes (WG) Applesauce Milk	Bagel w/ Cream Cheese Peaches Milk	Grits w/ Cheese Pineapple Milk	WG Muffin Blueberries Milk	Sausage Biscuit Banana Milk
Lunch	Meatballs Mashed Potatoes Sweet Peas Bread Milk	Turkey, Ham, & Cheese Sub (on WG bun) Lettuce & Tomato Pears Milk (Mayo, Mustard)	WG English Muffin Pepperoni Pizza Tossed Salad w/ Ranch Dressing Apples Milk	Beanie Weenies Peaches Roll Milk	Sloppy Joes Fries Applesauce Milk
Snack	Cucumbers w/ Ranch Wheat Thins Water	Goldfish Raisins Water	Yogurt Graham Crackers Water	Cheese Cubes Carrot Sticks Water	Pretzels (WG) Apple Juice

Notes:

Weekly Menu: January 11—15, 2021

	Monday (11)	Tuesday (12)	Wednesday (13)	Thursday (14)	Friday (15)
Breakfast	Cheerios (WG) Pears Milk	French Toast Sticks Peaches Milk	Buttered Toast Scrambled Eggs Pears Milk	Bologna Sandwich Mandarin Oranges Milk	Yogurt Graham Crackers Peaches Milk
Lunch	Cheese Ravioli w/ Meat Sauce Corn Pineapple Milk	Shepherd's Pie Sweet Peas Bread Milk	BBQ Rib Sandwich (on WG bun) Fries Apples Milk (Ketchup)	Chicken Tenders Broccoli w/ Cheese Pears WG Bread Milk	Turkey & Cheese Wrap (WG) Carrot Sticks w/ Ranch Apple Slices Milk
Snack	Ritz Crackers Cheese Water	Cheerios (WG) Mixed Fruit Water	Cheese Tortilla Water	Animal Crackers Applesauce Water	String Cheese Pineapple Water

Notes:

Weekly Menu: January 18—22, 2021

	Monday (18)	Tuesday (19)	Wednesday (20)	Thursday (21)	Friday (22)
Breakfast	Corn Chex (WG) Banana Milk	Cheese Toast Applesauce Milk	Turkey Sausage Buttered Toast Fruit Cocktail Milk	Pancakes Pears Milk	Sausage & Cheese English Muffin (WG) Applesauce Milk
Lunch	Beef & Cheese Nachos w/Lettuce, Tomato, Salsa, Sour Cream; Pineapple Milk	Chili Beans Corn Cornbread Pears Milk	BBQ Chicken Strips Squash Mashed Potatoes WG Bread Milk	Spaghetti Tossed Salad w/ Ranch Dressing Mandarin Oranges Milk	Chicken Filet Sandwich Fries Fruit Cocktail Milk (Lettuce, Tomato, Mayo, Mustard, Ketchup)
Snack	Cheez Its Apple Juice	Trail Mix (Pretzels, Raisins, Corn Chex) Water	Cucumbers w/ Ranch Saltines Water	Teddy Grahams (WG) Yogurt Water	Goldfish Peaches Water

Notes:

PSRC starts in-person learning Jan. 20

Weekly Menu: January 25—29, 2021

	Monday (25)	Tuesday (26)	Wednesday (27)	Thursday (28)	Friday (29)
Breakfast	Rice Krispies Applesauce Milk	WG Waffles w/ Syrup Pineapples Milk	Sausage Biscuits Pears Milk	Muffins Blueberries Milk	Cheese Toast (WG) Applesauce Milk
Lunch	Hamburger Steak Rice w/Gravy Green Beans Peaches Bread Milk	Smoked Sausage Mac-n-Cheese Corn-on-the-Cob Applesauce Bread Milk	Chicken Salad Cucumbers w/ Ranch Dressing Peaches WG Bread Milk	Chicken Noodle Soup Grilled Cheese Sandwich (WG) Carrot Sticks w/ Ranch Dressing Pears Milk	Hot Dogs Baked Beans Fries Pineapples Milk (Ketchup)
Snack	Cheese Sandwich (WG) Water	Oyster Crackers Tangerines Water	Apple Slices Cubed Cheese Water	Animal Crackers Raisins Water	Tortilla Chips Cheese Dip Water

Notes: