

# First Baptist News

*FBC Lumberton is a community of faith committed to living out the love of Christ by serving God and all people.*



SCAN ME

## Coming up this week. . .

### Sunday, August 6

- 9:30 a.m. Sunday School  
The Friends of Jesus Sunday School Class will not meet.
- 10:30 a.m. Worship in Fellowship Hall
- 10:30 a.m. Worship Online
- 6:00 p.m. Meet-n-Eat, McDonald's

### Monday, August 7

- 10:30 a.m. Staff Meeting (Conf. Rm.)
- 6:30 p.m. Scouts Meeting (Act. Bld.)

### Tuesday, August 8

- 7:00 a.m. Men's Prayer Group (Zoom)

### Saturday, August 12

- 10:00 a.m. Hispanic Ministry Bible Study (Act. Bld.)

During August, Deacon Nominations will be accepted. Nominations will need to be provided to the office by August 31, 2023. A form is on the back page of this newsletter, in the Order of Worship, and in the church office.



## Preparing for Sunday, August 6

### "Pursuing Patient Endurance"

### Hebrews 10:19-39 (NLT)

9:30 a.m. Sunday School

10:30 a.m. Worship

Join us for Worship in-person

in Cherry Fellowship Hall

or online on Facebook Live

[facebook.com/firstbaptistlumbertonnc](https://facebook.com/firstbaptistlumbertonnc)

or online on YouTube

[youtube.com/c/lumbertonfbc/](https://youtube.com/c/lumbertonfbc/)



In the month of August, we want to conclude our summer of worship in Cherry Fellowship Hall with a celebration of the beautiful talents of our church and community.

For the month of August, we are inviting artists and aspiring artists to display their work in and around the fellowship hall. We want to celebrate the diverse ways we can express adoration to God, or recognize God's presence in our lives. We believe the visual arts is a special way to be able to do that. This is open to all ages, and not just folks in our church but in our larger community as well.

We look forward to highlighting these beautiful pieces as a form of worship as we celebrate Arts in August!



## A Note from the Pastor's Desk *August 2023*

When we think of the Church, we often think of a community in which a person can be loved, cared for, encouraged, supported, and at times, challenged as needed. It is a place where relationships are forged, discipleship transforms, worship elevates, and service is done to others, all in the name of God. While there are many things the people of God do well, there are several elements of the human experience that we can always improve upon to better serve the people in our midst.

One of these areas is matters revolving around mental health. Mental health is a broad term that encompasses a diverse set of issues pertaining to one's well-being. In discussing mental health, one may be encountering things like depression, substance abuse, trauma, psychological disorders, social interactions, and many other experiences along a wide spectrum. At times, engaging the topic of mental health can feel overwhelming, because in many ways it is. However, it is not something that we should avoid as mental health is an issue that touches each of us, especially in the church.

According to the Substance Abuse and Mental Health Services Administration (2020), one in five adults in the United States suffers from some form of mental illness. In one 2012 study (Rogers et al.) 27% of those attending Protestant churches reported having a mental illness in their family, and that number has likely only risen in the last decade. Despite the realities of mental health matters, congregations often hold attitudes and theological beliefs "that fail to promote a sense of belonging for those who have a mental health diagnosis" (Lehmann et al., 2022).

While this may be a weighty topic, we think it is a matter of great importance to the Church and our community and one that we should thoughtfully engage. That is why I am so excited about our upcoming seminar entitled "Mental Health for Today's Church" taking place on Saturday, September 9th from 9 AM - 1 PM. The goal of this event is to raise awareness about mental health in our church, families, and community, and remove the stigma that is often associated with the topic. We also want to identify the resources in our area, as well as promote education around the various aspects of mental well-being. We will be welcoming Terry & Phillip Lee of the Overflow Foundation (which you can learn more about at <https://overflow.foundation/>) to lead our gathering, in addition to mental health professionals from our area. This event is free and is open to all ages.

We are looking forward to this important gathering next month, and be sure to look out for more information in the newsletter and social media in the coming weeks. I hope to see you there on September 9th.

In the Love of Christ,

Rev. Joshua K. Owens, *Senior Pastor*



### References

Lehmann, C. S., Whitney, W. B., Un, J., Payne, J. S., Simanjuntak, M., Hamilton, S., Worku, T., & Fernandez, N. A. (2022). Hospitality towards people with mental illness in the church: A cross-cultural qualitative study. *Pastoral Psychology*, 71(1), 1–27. <https://doi.org/10.1007/s11089-021-00982-1>

Rogers, E. B., Stanford, M., & Garland, D. R. (2012). The effects of mental illness on families within faith communities. *Mental Health, Religion & Culture*, 15(3), 301-313.

Substance Abuse and Mental Health Services Administration. (2020). *Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health* (HHS Publication No. PEP20-07-01-001, NSDUH Series H-55). <https://www.samhsa.gov/data/sites/default/files/reports/rpt29393/2019NSDUHFFR1PDFWHTML/2019NSDUHFFR1PDFW090120.pdf>



## MENTAL HEALTH FOR TODAY'S CHURCH



AWARENESS ♥ PREVENTION + EDUCATION



**Saturday, September 9  
9:00 a.m. - 1:00 p.m.**

### **First Baptist Church**

606 N. Walnut Street  
Lumberton, NC 28358  
910-739-4336  
[fbclumbertonnc.org](http://fbclumbertonnc.org)

### **Guest Speakers Terry & Phillip Lee**

of the Overflow Foundation  
[overflow.foundation](http://overflow.foundation)



The goal of this event is to raise awareness about mental health in our church, families, and community, and remove the stigma that is often associated with the topic. We also want to identify the resources in our area, as well as promote education around the various aspects of mental well-being. Breakfast & lunch will be provided. This event is free and is open to all ages. Let us know if you need childcare.

Phillip and Terry moved to Aiken, South Carolina with their five children in July of 1999. They have served in ministry together at Cedar Creek Church for over twenty three years, with Phillip now serving as the Senior Pastor. Terry is a nurse and the Founder and Executive Director of Overflow Foundation, a non-profit organization that was started after the loss of their oldest son, Phillip Jr. to suicide on September 6, 2018. Their deepest and most unimaginable pain has brought even greater purpose to their lives and to their ministry. They believe, now more than ever, that the local church is the hope of the world and a hospital for broken and hurting people to find our way back to God. Their passion is to equip the church to care and to respond to the ever-increasing number of individuals and their families who are struggling with some aspect of their mental health.



**Scan to Register**

Register by  
Friday, August 25.

Tired doesn't even begin to describe what it feels like to be off the Wilderness Trail and back in civilization. It's a good tired though. Twenty-seven miles may not seem like a lot for 3 ½ hiking days, but you have to consider the 40-50 pounds on everyone's back. You may think it's just my age, but the two 50+ year-olds on the trip not only kept up, we thrived. It will just take us longer to recover.

The trip was mentally, physically, spiritually, and emotionally challenging of course but it was rewarding in all of those ways as well. Although I can describe much of the trip to anyone who asks, it is impossible to "get it" without directly experiencing it. They have a saying that "faith is caught, not taught" which applies to our Christian lives as well.

Sitting in a pew every week and passively receiving the words and music may provide us with some small benefit, but faith without actual action and/or sacrificial giving isn't really faith. On the first night of camp we climbed a sizable hill to an outdoor chapel with a beautiful view of the surrounding mountains. The trip ended there as well, but when we looked upon the hills that time they were hills we had traversed. We had experienced them high and low, in rain and sun, and in both day and night. We had slept among their trees and rocks, encountered the plants and animals that live upon them, and had drank from their streams and creeks.

Are we truly experiencing everything our faith has to offer? Are we feeding the poor, visiting the sick, and sacrificially giving of ourselves? Or are we just admiring the view from afar without actually doing the hard work? I imagine things look differently in the end depending upon our willingness to trust Jesus and live out our faith versus spectating.

Grace & Peace,  
Doug



# YOUTH BEACH RETREAT 2023

October 13-15  
Fort Caswell  
Middle & High School

cbfnc  
more info & registration  
at cbfnc.org

First Baptist Church  
a community of faith

## GLOW

*But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvelous light. -1 Peter 2:9*

**Contact Rev. Doug  
Reedy to sign up.**

**Youth Committee will meet  
Tuesday, August 22nd at 6:00 p.m.**



**Wilderness Trail  
July 25-31, 2023**







# EDUCATION SUNDAY

August 27, 2023



## Prayer for

- Early Childhood Ministry
- Schools
- Teachers & Admin.
- Parents



### Early Childhood Ministry Update

We can't believe that August is already here! The summer has passed so quickly and we will be welcoming new friends to our center in a few short weeks. Renovations in the children's building are continuing and we are hopeful that they will be complete in time for our new school year, which begins August 28th. The center will be closed August 25 for our staff development day and open house, with the possibility of being closed August 24 as well so we can move furniture and set up classrooms. Please be in prayer for those completing the renovations, for our staff, parents, and students as we prepare for the 2023-2024 school year.



### Contact Us

Please call the office to make sure someone is in before stopping by.

Office Phone: 910-739-4336

Website: [www.fbclumbertonnc.org](http://www.fbclumbertonnc.org)

General Email: [office@fbclumbertonnc.org](mailto:office@fbclumbertonnc.org)

*Thinking  
of you*

### Person of the Week

Send a card, letter, or other remembrance to our very special person this week.

**Mickey Johnson**  
402 Sandlin Drive  
Lumberton, NC 28358



### Coming up...

**During August** — Deacon Nominations will be accepted. Nominations will need to be provided to the office by August 31, 2023.

**Aug. 7-11** — Rev. Doug Reedy on vacation

**Aug. 14-18** — Rev. Josh Owens on vacation

**Aug. 15** — Snr. Ad. trip to Barn Theatre

**Aug. 15** — Youth to Myrtle Waves

**Aug. 19** — Community Café, hosted by Missions Committee

**Aug. 20** — The Friends of Jesus Class will not meet for Sunday School.

**Aug. 22** — Youth Committee Meeting, 6 pm

**Aug. 25** — ECM Closed for Staff Development and Open House

**Aug. 27** — Education Sunday

**Aug. 28** — The ECM's 2023-24 year begins

**Aug. 28** — Finance will meet at 5:45 pm in the Chapel. Deacons will meet at 7:00 pm in the Fellowship Hall.

**Aug. 30** — Church Fall Kick-off. Adult Bible Study, Children's Activities, and Youth Doing Missions will resume at 6 pm!

**Sept. 3** — Fellowship Class will not meet. This is also the last Sunday meeting in the Fellowship Hall for the summer.

**Sept. 4** — Offices & ECM Closed for Labor Day

### ***Servants this Sunday***

*The ECM Entrance remains closed due to repairs.  
Please enter for Worship at the Fellowship Hall lobby.*

#### **9:30 Sunday School Entrance Greeters**

6th Street Ramp, 9:00—9:30 am (Handicap)

Jimmy & Billie Dail

#### **10:30 Worship Entrance Greeters**

Fellowship Hall Lobby 10:00—11:30 am

Barbara Andrews & Shirley Hickman

**Security Monitor** — Jerry Long

**Nursery** — Ashlynn Cox, Jenna Davis

**Extended Session** — Kim Gore

Extended Session will meet in the curtained area  
in the Fellowship Hall.

### ***Give to First Baptist Church!***

Here are some ways to donate to our ministry:

- Give during Sunday worship.
- Scan the QR code to the right with your cell phone camera to go to our secure, online giving page.
- Give through our secure online portal — [fbclumbertonnc.org/give](https://fbclumbertonnc.org/give)
- Go to our website ([www.fbclumbertonnc.org](https://www.fbclumbertonnc.org)) to complete a draft form.
- Send us your contribution by mail:  
606 N. Walnut Street, Lumberton, NC 28358
- Text FBC606 to 73256 to give using your mobile device.



### **Deacon Nomination**

The Deacons of First Baptist serve in two major capacities: administrative and ministerial. As an administrative body, they help lead and guide our congregation. As a ministerial body, they participate in the care of our congregation through the deacon care team plan, building relationships with and offering support to our church family. Please prayerfully consider your nominations for deacon, write their names below, and return to the church no later than August 31, 2023. You may nominate as many as you would like and turn in as many nominations as you would like during the month of August. (There is no need to nominate the same person more than once.) In accordance with our bylaws, those eligible must be at least 21 years of age and resident members of First Baptist Church for at least one year.

Listed below are the names of persons elected in 2017-2022 as Deacons of this church. Do not nominate any of these persons. They are ineligible for re-election at this time.

Barbara Andrews (2026)  
Allison Branch (2022)  
Danny Cook (2024)  
Bruce Davis (2025)  
William Davis (2026)  
Phyllis Gibson (2022)  
Betty Graham (2024)  
Donna Hardee (2022)  
Drina Hedgpeth (2025)  
Jerry Long (2023)

Lewis Lytch (2024)  
Liz Lytch (2026)  
Katherine Martin (2024)  
Regg McIntyre (2023)  
Malcolm McLean (2023)  
Summer Pittman (2024)  
Eddie Prevatte (2025)  
David Ramsaur (2022)  
Kenneth Sasser (2022)  
Johnny Smith (2022)

Ron Smith (2023)  
Jeanne Stevens (2025)  
Christy Strickland (2026)  
Johnny Strickland (2023)  
Nancy Wagner (2024)  
Heather Walters (2023)

Nominees will be reviewed for eligibility according to the bylaws of First Baptist Church. Eligible nominees will be contacted by the elections committee to assure their willingness to serve if elected. Deacon Election will take place the 1st Sunday of October 2023. You may drop off forms in the church office, fax (739-7858), e-mail ([office@fbclumbertonnc.org](mailto:office@fbclumbertonnc.org)), or mail (606 N. Walnut St., Lumberton, NC 28358) nominations.