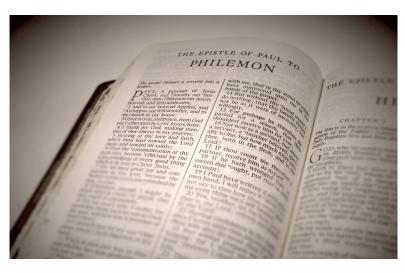
Volume LVI No. 9a September 4, 2025

# First Baptist News

FBC Lumberton is a community of faith committed to living out the love of Christ by serving God and all people.





Preparing for Sunday, September 7, 2025 "What's the Use to You" Philemon 1:1-25 (NLT)

Join us for Sunday School at 9:30 am and Worship in-person at 10:30 am in Cherry Fellowship Hall or online on Facebook Live <u>facebook.com/firstbaptistlumbertonnc</u> or online on YouTube <u>youtube.com/c/lumbertonfbc/</u>

### Coming up this week. . .

### Sunday, September 7

9:30 a.m. Sunday School

10:30 a.m. Worship (in Cherry Fellowship Hall)

10:30 a.m. Worship (online) 4:45 p.m. Youth Bells Rehearsal

6:00 p.m. Youth Bible Study (Act. Bld.)

Sept. 7-13: Snr. Ad. Trip to Branson

### Monday, September 8

10:30 a.m. Staff Meeting (Conf. Rm.)

### Tuesday, September 9

7:00 a.m. Men's Prayer Group (Zoom)

### Wednesday, September 10

6:00 p.m. Adult Bible Study (Rm D-113)
Youth Doing Missions (Act Bld)
Children's Music & Missions

### Thursday, September 11

5:30 p.m. Youth Council Meeting 6:00 p.m. Together for Hope Event (Fellowship Hall)

### Saturday, September 13

3:00 p.m. Hispanic Ministry Bible Study (Act. Bld.)



### **Monthly Food Drive**

Many of us have never experienced true hunger, but some in our community do. In the coming weeks, you can help feed the hungry in our community by bringing canned or dry goods to donate. Donations collected will be sent to local food banks to be distributed safely and efficiently. As you are out and about town running errands, pick up an extra can and bring it with you Sunday. Suggestions: Pop-top canned goods, cereal, peanut butter, canned meats, pasta & pasta sauce. Items should be in-date and in their original packaging.

### A Note from the Pastor's Desk September 2025

Summer is winding down, and with it comes transitions to the rhythms of fall. I'm excited to invite you to join a transformative adult Bible study that will take place on Wednesdays this fall, beginning September 17th. Together, with inspiration from Richard Foster's beloved classic, "Celebration of Discipline," we will dive deep into the twelve traditional spiritual disciplines that have sustained and strengthened believers for centuries.

This eight-week study will guide us through three categories of spiritual practices that can revolutionize our walk with God. We'll begin with the **Inward Disciplines**—meditation, prayer, fasting, and study—practices that help us cultivate intimacy with the Lord and develop spiritual depth. These aren't merely religious exercises, but pathways to experiencing God's presence in fresh and meaningful ways.

Next, we'll explore the **Outward Disciplines** of simplicity, solitude, submission, and service. In our busy, consumer-driven culture, these practices offer freedom from the tyranny of material excess and the constant noise that drowns out God's voice. You'll discover how simplicity can bring clarity to your priorities, how solitude can restore your soul, and how service can connect you more deeply to God's heart for others.

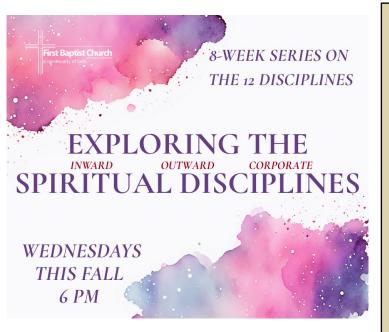
Finally, we'll examine the **Corporate Disciplines**—confession, worship, guidance, and celebration. These communal practices remind us that spiritual growth isn't meant to be a solitary journey. Through authentic confession, we experience the healing power of vulnerability. Through worship, we align our hearts with heaven's priorities. Through seeking guidance together, we learn to discern God's will more clearly.

Whether you are new or old in your faith, these ancient practices can speak to modern struggles today. Do you find yourself constantly distracted during prayer? Overwhelmed by life's demands? Struggling to hear God's voice amid the chaos? The spiritual disciplines aren't legalistic requirements—they're gifts from our loving Father, designed to create space for His transforming presence in our lives.

These disciplines offer practical ways to deepen your relationship with God. Each week, we'll not only study these practices but also experiment with incorporating them into our daily lives, sharing our experiences and supporting one another in the journey. I look forward to seeing you all on Wednesdays this fall at 6 PM in Room D-113!

Rev. Joshua K. Owens, Senior Pastor

Joshia Ovey



This fall, our Wednesday night adult Bible study will be "Exploring the Spiritual Disciplines." Together we'll look at twelve classic spiritual practices that have shaped Christian faith throughout the centuries. We'll use Richard Foster's classic book, *Celebration of Discipline*, as a resource. While you are not required to purchase the book, those who want to go deeper are encouraged to get their own copy. It's available for less than \$20 on Amazon (or free if you have a Kindle Unlimited account).

Start Date: September 17 End Date: November 19

Note: We will take a two-week break for Trunk or

Treat and Church Conference.

### Special Kick-Off Night:

Next Wednesday, September 10, we'll welcome Rev. Dr. Jason Coker with *Together For Hope – Rural Development Coalition*. You can learn more about their inspiring work here: <a href="mailto:tfhope.org/who-we-are">tfhope.org/who-we-are</a>.

They will be on campus Thursday, September for a resource mapping event starting at 7 pm in the Fellowship Hall. If you are interested in attending the mapping event, you will need to register by visiting <a href="https://givebutter.com/lumbertonassets">https://givebutter.com/lumbertonassets</a>.

We look forward to this season of learning, growing, and deepening our walk with Christ together.

### Worship with Us

606 N. Walnut Street fbclumbertonnc.org

Childcare is available on Sundays and Wednesdays. Nursey care (birth-age 2) is available in room D-107. Children age 3—K are invited to attend Extended Session after the children's sermon on Sundays in Room D-111. Children in 1st grade and older attend the full worship service.

## Sundays — Worship in Cherry Fellowship Hall

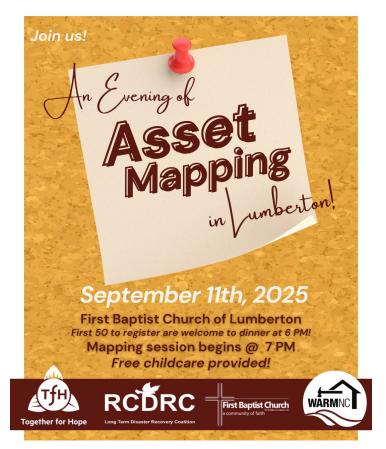
9:30 a.m.—Sunday School 10:30 a.m.—Worship in-person or online 4:45 p.m.—Youth Bells Rehearsal 6:00 p.m.—Youth Bible Study 6:00 p.m.—Adult Bells Rehearsal (starting 10/5)

### Wednesdays — starting Sept. 10

6:00 p.m.—Adult Bible Study, Youth Doing Missions, and Children's Music and Missions 7:00 p.m.—Sanctuary Choir Rehearsal

Worship services are livestreamed on Facebook Live

facebook.com/firstbaptistlumbertonnc and on YouTube voutube.com/c/lumbertonfbc/



### From our Associate Pastor

Happy New Year! School year that is. Everyone of our public school, early college, regular college, charter school, NCSSM, and home schoolers are officially back at it. We have had our annual Labor Day weekend service in the Chapel. Football season has begun at all levels (the NFL begins tonight). Last night was Fall Kickoff.

There is an optimism in the air around our church. Despite serious challenges ahead, we choose to face them with clear eyes and clear hearts. Our faith in God is strong and this church has a bright future. God has big plans for us.

We seem to have gotten over our nostalgic depression over the 70s and 80s. Right now, we have active vibrant senior adult, Friends of Jesus, young adult, and youth ministries. We have an impressive number of children coming down the aisle for the children's sermon. People seem more willing to volunteer (still have a long way to go). Was there a point in time when our numbers in any and all of these categories were higher? Yes. Healthier? I'm not so sure.

We do need "glass half empty" people among us. We can't just run the church on positive vibes. At the same time, we need to honor the good work God is doing among us and through us.

Jesus never said they would know us by politics, by our King James Bibles, by our correct understanding of why bad things happen, by our prudish behavior, by judging others, or by having the correct doctrine concerning free will and predestination, but by our love. Feeling overwhelmed? Join us as we attempt to love God and love our neighbor. It helps.

Grace & Peace, *Doug* 







### For the Record

Budgeted 2025	\$646,000.00
Weekly Need (2025)	\$12,423.08
Received August 31	\$6,359.11
Need to date	\$447,230.88
Received to date	\$397,430.55
Over (Under) Budget	(\$49,800.33)

August 31st was the 32nd Sunday of the year. Number of Sundays remaining in 2025 = 30

### Give to First Baptist Church!

Here are some ways to donate to our ministries:

- Give during Sunday worship.
- Give through our secure online portal at fbclumbertonnc.org/give.
- Scan the QR code.
- Send us your contribution by mail: 606 N. Walnut Street, Lumberton, NC 28358
- Text FBC606 to 73256 to give using your mobile device.\*

\*Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.



GIVING



### Coming Up:

**Sept. 14** — Worship Planning Retreat, 12-2 pm

**Sept. 14** — Buildings & Grounds meeting, 3:30 pm

Sept. 15 — WMU meeting, 11:45 am, Act. Bld.

**Sept. 15** — Called Finance meeting for the purpose of budget planning, 5:45 pm

**Sept. 17** — Sanctuary Choir resumes rehearsals on Wednesdays at 7 pm.

Sept 20 — Community Café hosted at Asbury Methodist (Chip & Nancy Bass)

**Sept. 22** — Finance will meet at 5:45 pm in the Chapel. Deacons will meet at 7 pm in the Activities Building.

**Sept. 23** — Snr. Ad. shopping trip to Dewayne's in Smithfield

**Sept. 24** — Youth Passport Missions trip deposit due (\$100)

**Sept. 25** — The October monthly edition of the newsletter will be published early on this date. It will include Deacon Nominee Biographical information and Election information.

**Sept. 28**—Senior Adult Sunday. Dr. Glenn Jonas is our guest preacher.

Sept. 29 — Lunch & Learn hosted at First Pres.

**Sept. 29-Oct. 2** —Deacon Election absentee voting. Available dates/hours to be announced.

### Trunk or Treat!

We are excited for our Trunk or Treat community event on Wednesday, October 29th! We anticipate the need for lots of candy and treats again this year!

## How you can help make this year's event the best ever:

### 1. CANDY & TREATS

Halloween candy seems to sell out quickly so we ask for donations well in advance of the event. Donations may be dropped off in the office, or if you have an Amazon Prime or Walmart+ you can have the candy shipped directly to us! Use mailing address 606 N. Walnut Street, Lumberton, NC 28358 if you choose this option.

## 2. CAR DECORATING & CANDY DISTRIBUTION

We also need people to sign-up to decorate their vehicle and/or hand out candy. Call the church office or Rev. Doug Reedy if you are willing to help (910-739-4336).

**Sept. 29-Oct. 3** — Kandace & Rev. Doug Reedy on vacation (school fall break)

Oct. 5 — World Communion Sunday, Deacon Election, and Rev. Doug Reedy recognized for 20 years of service.

Oct. 7 — Baptist Women's Bible Study, 11:45, Act. Bld.

Oct. 9 — Fun & Fellowship, 11 am, at Susan Noble's home in Elizabethtown

Oct. 12 — Friends of Jesus Sunday

Oct. 12 — Youth Haunted House Trip

Oct. 13-15 — Snr Ad Caswell Fall Retreat

Oct. 18 — Community Café hosted by Collins Class

Oct. 20 — WMU, 11:45 am, Act. Bld.

Oct. 20 — Finance will meet at 5:45 pm in the

Chapel. Deacons will meet at 7 pm in the Activities Building.

Oct. 21 — Snr. Ad. shopping trip to McBee's Market

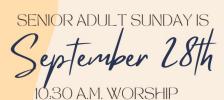
Oct. 22 — Quarterly Church Conference w/

Committee on Committees Report

Oct. 24-26 — CBFNC Youth Beach Retreat

Oct. 29 — Trunk or Treat! Candy donations accepted now. Let Rev. Doug Reedy if you can pass out candy and/or decorate your vehicle.

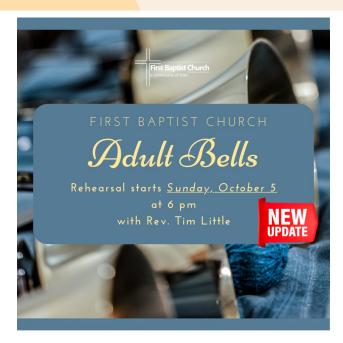
Nov. 2 — All Saints Sunday. Daylight savings time ends.





Dr. Glenn Jonas will be our guesi preacher & Senior Adulis will lead in various elemenis of Worship.

First Baptist Church



Stay in touch by signing up for church emails and text messages!

Text "JOIN" & your email to 910-941-3878

or scan this QR code with your cell phone's camera to access the sign up form



# SENIOR & RETIRED ADULT ACTIVITIES

Sign up by contacting the office 910-739-4336

SEPT 23	Shopping trip to Dewayne's in Smithfield
SEPT 28	Senior Adult Sunday 10:30 am Worship Dr. Glenn Jonas, Guest Preacher
SEPT 29	Lunch & Learn hosted at First Presbyterian at 12 noon. RSVP by 9/19
OCT 4	Northwood Temple's Dinner Theatre Matinee Showtime. \$35 per ticket.
OCT 21	Shopping trip to McBee's Market, SC
NOV 11	Rowles Theatre's Christmas Show Myrtle Beach. \$40 per ticket.
MAY 2026	Gaither Fest in Gatlinburg, TN May 22-24, 2026 \$475 per person

If you'd like to join or want more information, please contact the office or Phyllis Gibson, chair of the Senior Adult Committee, as soon as possible.

If you would like to place flowers in the church in honor of or in memory of a loved one, we currently have many Sundays available. Call the church office to reserve. Once your date is reserved, we encourage you to contact your florist to arrange delivery of the flowers. The florist most are using are The Secret Garden Florist on Liberty Hill Road (910-272-0000).

## **Small Group Meetings Resume Meeting in Activities Building**

- Baptist Women's Bible Study meets the first Monday at 11:45 am.
- Fun & Fellowship meets the second Thursday at 11 am.
- WMU meets the third Monday at 11:45 am.



The Committee on Committees is currently meeting and preparing for the 2026 report. Please in prayer for those willing to serve on this committee as they call folks to determine their willingness to serve in various ministries.

What is Community Café? On the third Saturday of each month, we host Community Café. This is a program offered through downtown churches to help feed the hungry in our community.

### Thank you to these 2025 hosts:

Sept. 20 — at Asbury UMC

Oct. 18 — Collins Sunday School

Nov. 15 — Youth

Dec. 20 — Bridge Sunday School

From the pages of history...
From <u>Celebrating our Past, Embracing Our Future</u>
book on church history, published 2005.

"Our church grounds were never landscaped until 1923. Prior to that time, the grounds were cleaned off each fall and spring by members of the congregation who came to cut the growth of weeds, and to rake and sweep the sanded lawn clean."

### Servants this Sunday

Please enter for Worship at Cherry Fellowship Hall Lobby.

### 9:30 Sunday School

Entrance Greeters 9:00 – 9:30 am 6th Street Ramp (Handicap) - Gene Horne ECM Entrance (Handicap) - Jimmy & Billie Dail

### 10:30 Worship Entrance Greeters

FH Lobby 10:00—11:30 am Barbara Andrews

Nursery — Jenna Davis, Brooke Blackmon

Extended Session — Brooke Blackmon, Kim Gore

Bus Team — John Underwood, volunteer rider needed

### Person of the Week

Send a card, letter, or other remembrance to our very special person this week. He has a birthday coming up Sept. 9th!

James Stroud 3660 Kale Drive Lumberton, NC 28358



### **Contact Us**

Please call the office to make sure someone is in the office before stopping by.

Mailing address: 606 N. Walnut Street,

Lumberton, NC 28358

Office Phone: 910-739-4336 ECM Phone: 910-738-6608

Website: www.fbclumbertonnc.org
General Email: office@fbclumbertonnc.org

Rev. Tim Little — Minister of Music and Facilities; timlittle@fbclumbertonnc.org

Rev. Josh Owens — Senior Pastor; joshowens@fbclumbertonnc.org

Mr. Len Power — Building Superintendent; lenpower@fbclumbertonnc.org

Mrs. Kandace Ramsey — Administrative Assistant; kandaceramsey@fbclumbertonnc.org

Rev. Doug Reedy — Associate Pastor of Youth, Young Adults and Missions; dougreedy@fbclumbertonnc.org



### **Mental Health Moment in Worship**

This fall, we are introducing a new element in worship called our "Mental Health Moment." Each month, Donna Hardee will share a brief reflection, resource, or fact related to mental health. These moments will help us grow in awareness, reduce stigma, and remind us that caring for our mental health is an important part of caring for our whole selves. In preparation for this month's segment, we would like share some hotline resources with you.

### **Hotline Numbers**

#### **National Suicide Prevention Lifeline:**

1-800-273-8255- Available 24/7

Description: The National Suicide Prevention Lifeline is a vital resource designed to provide immediate support and assistance to individuals in crisis. Established to reduce the incidence of suicide and promote mental health awareness, the Lifeline offers a toll-free helpline that connects callers to trained crisis counselors 24/7.

### The Trevor Project (LBGTQ+ Youth):

1-866-488-7386

Description: The Trevor Project hotline is a confidential support service that provides crisis intervention and suicide prevention for LGBTQ+ youth. Available 24/7

### Crisis Text Line:

Text the word HOME to 741-741

Website: crisistextline.org

Description: Offers FREE 24/7 support for people in crisis via text

### Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline:

1-800-662-4357

Website: samhsa.gov

Description: A confidential, free, 24/7 information service for individuals and families facing mental and/or

substance use disorders

### National Institute on Drug Abuse (NIDA)- Treatment Referral Helpline

1-800-662-4357 (Same as SAMHSA)

Website: drugabuse.gov

Description: Provides resources and referrals for those seeking treatment for substance use disorders.

### National Council of Alcoholism and Drug Dependence (NCADD)

1-800-622-2255

Website: ncadd.org

Description: Offers information and resources for individuals facing alcohol and drug dependence

### **Alcoholics Anonymous (AA)**

1-212-870-3400

Website: aa.org

Description: A fellowship of individuals who share their experiences to help each other recover from

alcoholism

### **Narcotics Anonymous (NA)**

1-818-773-9999

Website na.org

Description: A global Community of individuals supporting recovery from drug addiction

### Gamblers Anonymous (GA)

1-213-624-9522

Website: gamblersanonymous.org

Description: A fellowship of men and women who share their experiences and offer support to those affected by gambling addiction.